HOT Lunches Westminster Senior Center **JULY 2025**

Reservations REQUIRED: Reservation Deadlines (RSVPs) are noted for each day.

Otherwise, meals cannot be guaranteed. Call 410-386-3854 or sign up with Assistant Manager.

Advanced notice of changes will be given when possible. Lunch is served at 11:30 am.

Circle days eating; on either HOT or COLD side. Write name on menu & turn in the white copy.

Meal Price: 60 Years Old & Up = HOT LUNCH Donation Up To \$6.31, includes accompanying younger spouses;

Under 60 Years Old = Full Price \$6.31, Paid Directly To Assistant Director NAME:

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	RSVP 6/25/25 MEAT LOAF / GRAVY HERB ROASTED POTATOES CUCUMBER SALAD WHEAT BREAD MANDARIN ORANGES	PORK LOIN W/ DIJON CREAM SAUCE (NEW) PEAS & MUSHROOMS GARLIC MASHED POTATOES WHEAT BREAD FRUIT COCKTAIL	SPECIAL 3 RSVP 6/25/25 CHEESEBURGER ON ROLL WITH GARNISH BAKED BEANS PEPPER SLAW WATERMELON PIE	Wishing you a great Fourth of July!
7 RSVP 7/1/25 SALISBURY STEAK GRAVY ROASTED POTATOES SEASONED GREENS WHEAT BREAD AMISH BEAN SALAD	8 RSVP 7/1/25 WHITE BEAN CHICKEN CHILI YELLOW RICE PILAF CORNBREAD APPLESAUCE	SPECIAL 9 RSVP 7/1/25 ITALIAN COLD CUT PROVLONE CHEESE ON CLUB ROLL GARNISH & DRESSING POTATO SALAD COLE SLAW FRUIT COCKTAIL	PINEAPPLE GLAZED HAM AUGRATIN POTATOES ROASTED CARROTS WHEAT BREAD PINEAPPLETIDBITS	CHICKEN W/ CREAMY ARTICHOKE SAUCE LEMON RICE PILAF SEASONED BEANS WHEAT BREAD CINNAMON APPLE SLICES
14 RSVP 7/8/25 LENTIL & SPINACH SOUP TUNA SALAD SANDWICH CORN & EDAMAME SALAD APPLESAUCE MILK	RSVP 7/8/25 15 "CRYIN JOHNNY'S HOT DOG TRUCK" HOT DOG WITH CHOICE OF TOPPINGS & ROLL VEGGIES FRUIT CUP JUICE AND MILK FOOD TRUCK	CREAMY CHICKEN PICCATA BROWN RICE BUTTERED CARROTS WHEAT BREAD GREEN PEA & RED PEPPER SALAD CHOCOLATE MILK	HAMBUGER W/ PEPPER JACK CHEESE ON ROLL LETTUCE / TOMATO KETCHUP BROCCOLI SLAW TROPICAL FRUIT YOGURT	TUNA NOODLE CASSEROLE WHEAT BREAD CHICK PEA SALAD HOT CINNAMON APPLES MILK
21 RSVP 7/15/25 CHICKEN BREAST W/ TARRAGON SHALLOT CREAM RICE PILAF PEAS & CARROTS WHEAT BREAD CHICKPEA SALAD	SPECIAL 22 RSVP 7/15/25 BAKED POTATO SPINACH SALAD TOMATOES / DRESSING CHILI & CHESE SOUR CREAM WHEAT BREAD APPLESAUCE	23 RSVP 7/15/25 (NEW) TURKEY FLORENTINE CASSEROLE LEMON RICE PILAF WHEAT BREAD MANDARIN ORANGES JUICE & YOGURT	24 RSVP 7/15/25 SPLIT PEA SOUP CHICKEN CAESAR SALAD CORNBREAD LOAF WHEAT BREAD HOT SPICED APPLES	25 RSVP 7/15/25 FISH FILLET ROLL SUCCOTASH FRUIT JUICE / MILK
28 RSVP 7/22/25 (NEW) CHICKEN DIVAN BROWN RICE WHEAT BREAD DICED PEACHES JUICE	29 RSVP 7/22/25 SLICED CORN BEEF MUSTARD DILL SAUCE MASHED POTATOES RED CABBAGE CORN & PEA SALAD WHEAT BREAD TROPICAL FRUIT	30 RSVP 7/22/25 (NEW) INDIAN BUTTER CHICKEN BROMBAY BROWN RICE INDIAN CUCUMBER TOMATO & ONION SALAD WHEAT BREAD MANDARIN ORANGES	31 RSVP 7/22/25 CHEESE PIZZA SALAD MIX / DRESSING FRUIT JUICE / MILK	1 % White Milk or Chocolate Milk or Yogurt and most days Juice is served with lunch

COLD Lunches Westminster Senior Center JULY 2025

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Otherwise, meals cannot be guaranteed. Call 410-386-3854 or sign up with Assistant Manager.

Advanced notice of changes will be given when possible. Lunch is served at 11:30 am.

Meal Price: 60 Years Old & Up = COLD LUNCH Donation Up To \$7.24, includes accompanying younger spouses; Under 60 Years Old = Full Price \$7.24, Paid Directly To Assistant Director

Prefer a COLD lunch instead? Circle day of the Cold lunch. Write "COLD" on the HOT side of the menu, on the day of the substitution.

Write name on the menu & turn in white copy.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RSVP	RSVP 1	RSVP 7/22/25	RSVP 7/22/25	RSVP 7/22/25
BOX LUNCH NOT AVAILABLE	BOX LUNCH NOT AVAILABLE	CHICKEN SALAD ON WHEAT BREAD CARROT SNACK PACK FRUIT OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE CHOCO. MILK / JUICE	BOX LUNCH NOT AVAILABLE	BOX LUNCH NOT AVAILABLE
7 RSVP	8 RSVP 7/1/25	RSVP 9	10 RSVP 7/1/25	RSVP 11
BOX LUNCH NOT AVAILABLE	TUNA FISH SALAD WHEAT BREAD CARROT SNACK PACK SALAD OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE MILK / JUICE	BOX LUNCH NOT AVAILABLE	BOX LUNCH NOT AVAILABLE	BOX LUNCH NOT AVAILABLE
RSVP 14	RSVP 15	16 RSVP 7/8/25	RSVP 17	RSVP 18
BOX LUNCH NOT AVAILABLE	BOX LUNCH NOT AVAILABLE	CHICKEN SALAD ON WHEAT BREAD CARROT SNACK PACK FRUIT OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE CHOCO. MILK / JUICE	BOX LUNCH NOT AVAILABLE	BOX LUNCH NOT AVAILABLE
RSVP 21	RSVP 22	RSVP 23	24 RSVP 7/15/25	RSVP 25
BOX LUNCH NOT AVAILABLE	BOX LUNCH NOT AVAILABLE	BOX LUNCH NOT AVAILABLE	EGG SALAD ON WHEAT BREAD MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE	BOX LUNCH NOT AVAILABLE
RSVP 28	29	30	31	
BOX LUNCH NOT AVAILABLE				