

## Commission on Aging & Disabilities Meeting

**Meeting Date: March 13, 2019**

**Start Time: 10:00 am**

**Location: Bureau of Aging & Disabilities Library**

**Chairperson: Hermine Saunders**

**Vice-Chair: Jim McCarron**

Topic	Discussion
<b>Attendance</b>	<b>Dan Andersen, Katrina Bauer, Dan Bowler, Larry Burbank, Val Cioeff, Bob Coen, Marisa Cooke, Doc Doxzen, Lynda Eisenberg, Art Frotton, Gail Gannon, Lauren Hickey, Heather Hughes, Christine Kay, Mary Lane, Diann Linton, Pamela Malkin, Diane Martin, Jim McCarron, Rich Ottone, Heather Robb, Commissioner Ed Rothstein, Hermine Saunders, Celene Steckel, Leslie Wagner, Carol Wheatley, Patty Whitson</b>
<b>Acronyms</b>	AAA - Area Agency on Aging, ADA - American's w/Disabilities Act, ADL - Activities of Daily Living, AIP – Aging in Place, BCC – Board of County Commissioners, BOAD - Bureau of Aging and Disabilities, COAD – Commission on Aging and Disabilities, CDSMP – Chronic Disease Self-Management Program, CTS – Carroll Transit System, CIL - Center for Independent Living, MDH - Maryland Department of Health , FFP – Federal Financial Participation, LTAC – Long Term Advisory Council, LTCO - Long Term Care Ombudsman, M4A - Maryland Association of Area Agencies on Aging, MAP - Maryland Access Point, MFP -Money Follows the Person, MOU – Memorandum of Understanding, MWOA - Medicaid Waiver for Older Adults, NED - Non-Elderly Disabled, NFCSP - National Family Caregiver Support Program, OAA - Older Americans Act, OHCQ - Office of Health Care Quality, SALGHS - Senior Assisted Living Group House Subsidy program, SHIP - State Health Insurance Program, SIP - Senior Inclusion Program, SMP - Senior Medicare Patrol, SPDAP - Senior Prescription Drug Assistance Program, VTV – Village to Village, WEAAD – World Elder Abuse Awareness Day.
<b>Call to Order and Establishment of Quorum- Hermine Saunders</b>	Hermine Saunders called the meeting to order. A quorum was established with 14 members present. Everyone went around the room and introduced themselves.
<b>Approval of Minutes – Hermine Saunders</b>	Hermine requested approval of the January 2019 minutes as submitted. Doc Doxzen motioned 1 <sup>st</sup> and Larry Burbank 2 <sup>nd</sup> for approval. All were in favor to approve as submitted.
<b>Commissioner's Comments – Commission Ed Rothstein</b>	Commissioner Rothstein discussed the Town Hall Meeting he recently held at South Carroll Senior & Community Center, noting that a lot of discussion was related to traffic. The budget season is beginning and it will be difficult. When the economy goes up, there will be a time when it comes back down. Because we don't know when that may happen, we should work to prepare ourselves for that eventuality. As the budget discussions happen, he will share with the COAD. Recently the Veterans Advisory Council visited the BOCC to present on their past accomplishments and to seek direction on the present and future.
<b>Old Business – Hermine Saunders</b>	None
<b>New Business – Jim McCarron</b>	<u>Carroll County Department of Planning Presentation, Lynda Eisenberg, Director</u> – Lynda Eisenberg, Director and Mary Lane, Planning Manager, provided an overview of the Department of Planning, including their staff, Energy Savings Loan Program, and Housing Goals for the County. They presented on the Master Plan Housing Goal and the Freedom Area Plan Housing Goal. Items discussed were the county not having the water and sewer in place to serve higher density housing, Residential Housing (55+) zoned both residential and commercial, and even though municipalities plan for themselves the county's Department of Planning

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does assist. A reminder that all Planning work sessions are open to the public and provide both day and evening times.  
Long Term Advisory Health Cluster Update, Bob Coen – Bob provided the focus areas of the Health & Wellness Cluster. He does have the completed report of the Long Term Advisory Council and will provide to Leslie to send out to the group.  
AIP Sub-Committee Update, Jim McCarron – The sub-committee has been renamed to “Carroll Together.” Pazit Aviv, the Coordinator for the Villages in Montgomery County, presented last month. Montgomery County has a diverse program, with many villages with different sizes and different specialties and focus. This diversity allows for all segments of the population to be reached. Upcoming meetings will be discussions on how to incorporate a village model in Carroll County and creating an Aging in Place toolkit.

Communities for Life Update, Diane Martin –

- The Secretary of Aging’s Office has met with Integrace and Dr. Martin’s group to discuss the CFL grant. The Secretary of Aging is planning to meet with the two groups in the near future.
- Hubs in Carroll County to include municipalities, possibly using the well placed senior & community centers, as well as the Partnership for a Healthier Carroll County and McDaniel College.
- Service navigator assistants can be McDaniel student interns.
- Can use the RSVP list of age 60+ in Carroll County to determine barriers.
- Dan A. noted that this is a pioneering program in the state and is good for Carroll County. Hubs would be a different model than what other counties are doing.
- Biggest issue is sustaining the funding after the 3 year grant. Possibly memberships, other organizations.
- Make sure no duplication of services that are already being offered by non-profits and AAA and that the community works together to fund and for success of services provided. The Secretary has proposed additional funding for CFL’s from the legislature.
- CFL’s would focus more on middle income individuals as those with lower income are already assisted through the AAA.
- There could be involvement with the hospital as the program could potentially lower readmission rates. The goal would be to have earlier in life disease awareness.
- Dr. Martin is doing the CFL separate from BOAD and it is still in its research phase.

Seniors on the Go Expo, April 3, 2019, Leslie Wagner – Volunteers are needed for the COAD booth at the Seniors on the Go Expo. Art, Dan B and Jim will be setting up the booth on Tuesday, April 2<sup>nd</sup>. Shifts 8:30-10:30 will be Bob and Dan B, 10:30-12:30 Carol and Dan A, and 12:30-2 with clean-up will be Art and Katrina. Leslie will send out a membership contact list to assist members in coordinating their times and duties.

Area Plan, Needs Assessment Survey and Community Meetings, Celene Steckel – This Maryland Department of Aging plan is developed every 4 years, with our funding linked to the services we plan to provide. We will survey the community via in-person meetings, online and paper surveys, including at our senior & community centers and our COAD booth at the Expo. All members

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	should forward to their contacts as well.
<p><b>Bureau of Aging &amp; Disabilities</b> – Celene Steckel</p>	<p><u>Staffing Update, Celene Steckel</u> – Fully staffed. A new 18 hour SIP position has been approved. Mike Messina with the Veteran Services Program is doing a great job.</p> <p><u>Senior Inclusion Program, Rich Ottone</u> –</p> <ul style="list-style-type: none"> <li>• License received</li> <li>• QA application submitted and approved</li> <li>• MA provider application completed in January</li> <li>• Expanding their footprint in the community, which is easier now that SIP has its own bus. This has made a significant impact on their programming, including not being limited to their normal 8:30am – 3pm hours.</li> <li>• Will have a display at the PEEP show.</li> </ul> <p><u>Senior &amp; Community Centers, Patty Whitson</u> –</p> <ul style="list-style-type: none"> <li>• 2019 Educational Programs in the Senior &amp; Community Centers:             <ul style="list-style-type: none"> <li>○ Finished Renter’s Rights presentations in January</li> <li>○ March – Colorectal Cancer Information tables with hospital staff to answer questions</li> <li>○ March and April – Law Day Talks, local attorneys will discuss the advantages of having a Medical Power of Attorney and Living Will and why you should have them.</li> <li>○ April – Free glucose screenings by the hospital</li> <li>○ May 1<sup>st</sup> is Law Day</li> <li>○ May and June – Older Driver Safety Talks</li> <li>○ May – Shredding events</li> </ul> </li> <li>• Upcoming Special Events in the Senior &amp; Community Centers:             <ul style="list-style-type: none"> <li>○ April – Volunteers Recognitions/Special Meals</li> <li>○ May – Older Americans Month/Special Meals – May 29<sup>th</sup></li> </ul> </li> <li>• Other:             <ul style="list-style-type: none"> <li>○ Tax preparation will continue through early April</li> <li>○ Blood Pressure Cuff Grant – will be promoting at the Expo at the Blood Pressure Screening table</li> <li>○ Because we were able to purchase tablets with our Senior Center Operating Funds Grant (SCOF) as of January we have been able to accept credit card payments. This will especially be helpful for class payments. Most classes are on a 12 week cycle. From January to March, we have had 69 credit card transactions totaling \$1,768. We expect the use of credit cards to increase in the future.</li> <li>○ The Greater Maryland Chapter of the Alzheimer’s Association approached us with information about an initiative for Carroll County. They have offered to provide a consultant (volunteer or staff) to be on-site at the centers once a</li> </ul> </li> </ul>

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	<p style="text-align: center;">month to provide direct, in-person support for our residents who need information on support and services offered through the Association. We are excited about this opportunity and looking forward to the start of this program.</p> <p><u>Aging &amp; Disabilities Services, Celene Steckel</u> –</p> <ul style="list-style-type: none"> <li>• The renewal application for the SHIP grant will go before the BOCC on March 21<sup>st</sup>. This is a standard renewal.</li> <li>• There will be an Alzheimer’s Town Hall Meeting on April 10<sup>th</sup> in the Schauk Auditorium at the Hospital. This is being given by the Alzheimer’s Association.</li> </ul> <p><u>Other Updates and Announcements, BOAD Staff</u> –</p> <ul style="list-style-type: none"> <li>• Chronic Disease Self-Management workshop series will begin at South Carroll this Friday and Westminster next Tuesday. Taneytown’s series will begin April 8<sup>th</sup> and a Diabetes series at Mt. Airy will begin April 10<sup>th</sup>.</li> <li>• U.S. Census Bureau will have a booth at the Expo introducing the 2020 Census. The county is beginning to plan how they will assist in marketing the upcoming census.</li> </ul>
<p><b>Area Reports – COAD Members</b></p>	<p><u>Dan Bowler, Family Representative for Developmental Disabilities</u> – Dan requested time be allotted at COAD’s next meeting in May to discuss Maryland DDA’s interpretation of the Final Rule for Medicaid Services and how it not only affects SIP but other service providers and day habilitation programs in Carroll County. Christine Kay agreed that we need to discuss what we can do immediately and what can be accomplished long term</p> <p><u>Heather Robb, Eldersburg/Sykesville</u> – Announced that there is money for respite for caregivers. She will email Leslie to be forwarded to the group.</p> <p><u>Larry Burbank, Veterans</u> – He will be doing a presentation at Carroll Lutheran Village with the staff of the Veteran Services Program of Carroll County and Carroll Hospice.</p> <p><u>Dr. Diane Martin</u> – Announced that the 2<sup>nd</sup> Tuesday of August will be their Aging Conference and this year’s topic will be creating an Age Friendly and Dementia Friendly Community.</p>
<p><b>Next Meeting Date</b></p>	<p><b>The next meeting date is Wednesday, May 8, 2019 at 10:00 a.m. in the Multi-Purpose Room at the Westminster Senior &amp; Community Center.</b></p>