

Commission on Aging & Disabilities Meeting

Meeting Date: November 14, 2018

Start Time: 10:00 am

Location: Bureau of Aging & Disabilities Library

Chairperson: Hermine Saunders

Vice-Chair: Jim McCarron

Topic	Discussion
Attendance	Dan Andersen, Katrina Bauer, Dan Bowler, Val Cioeff, Bob Coen, Marisa Cooke, Lynda Eisenberg, Art Frotton, Lauren Hickey, Keyanah Key, Mary Lane, Diann Linton, Pamela Malkin, Jim McCarron, Rich Ottone, Jennifer Sallow, Celene Steckel, Leslie Wagner, Carol Wheatley, Patty Whitson
Acronyms	AAA - Area Agency on Aging, ADA - American's w/Disabilities Act, ADL - Activities of Daily Living, AIP – Aging in Place, BCC – Board of County Commissioners, BOAD - Bureau of Aging and Disabilities, COAD – Commission on Aging and Disabilities, CDSMP – Chronic Disease Self-Management Program, CTS – Carroll Transit System, CIL - Center for Independent Living, MDH - Maryland Department of Health , FFP – Federal Financial Participation, LTAC – Long Term Advisory Council, LTCO - Long Term Care Ombudsman, M4A - Maryland Association of Area Agencies on Aging, MAP - Maryland Access Point, MFP -Money Follows the Person, MOU – Memorandum of Understanding, MWOA - Medicaid Waiver for Older Adults, NED - Non-Elderly Disabled, NFCSP - National Family Caregiver Support Program, OAA - Older Americans Act, OHCQ - Office of Health Care Quality, SALGHS - Senior Assisted Living Group House Subsidy program, SHIP - State Health Insurance Program, SIP - Senior Inclusion Program, SMP - Senior Medicare Patrol, SPDAP - Senior Prescription Drug Assistance Program, VTV – Village to Village, WEAAD – World Elder Abuse Awareness Day.
Call to Order and Establishment of Quorum- Jim McCarron	Hermine Saunders is unable to attend today's meeting so Vice-Chair, Jim McCarron called the meeting to order. A quorum was established with 8 members present. Everyone went around the room and introduced themselves. Celene is excited for the Commission in 2019 with the Aging in Place sub-committee. She has asked that a Commissioner attend the COAD meetings.
Approval of Minutes – Jim McCarron	Jim McCarron requested approval of the September 2018 minutes as submitted. Art Frotton motioned 1 st and Diann Linton 2 nd for approval. All were in favor to approve as submitted.
Old Business – Jim McCarron	<u>COAD Membership Vacancies, Celene Steckel</u> – We are in need of someone to complete an open term in Hampstead, as well as a family representative for developmental disabilities and the At-Large position. Dan Bowler said that he has applied for the family representative for developmental disabilities. Celene mentioned that there have been other applications submitted for the other openings as well. The Commissioners will review applications once the new Board is sworn in, so most likely after the new year.
New Business – Jim McCarron	<u>Long Term Advisory Health Cluster Update, Bob Coen</u> – The cluster has not met since their break over the summer. The Long Term Advisory Council will be presenting their recommendations to the Board of County Commissioners on Tuesday, November 27, 2018 at 6pm in Room K-100 at Carroll Community College. <u>AIP Sub-Committee Update, Jim McCarron</u> – The committee will meet after today's COAD meeting. The Mission and Vision Statement was confirmed and read to those present. <u>Member Voting for 2019 Chair and Vice-Chair, Celene Steckel</u> – Hermine and Jim will be seeking re-election in their positions as Chair and Vice-Chair. No other nominations were made. In a unanimous vote, Hermine was elected 2019 Chair and Jim was elected 2019 Vice-Chair. <u>Holiday Breakfast Celebration with BOAD, Celene Steckel</u> – Invitations were handed out for a Holiday Breakfast Celebration on

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	<p>Friday, December 7, 2018 from 9:30 – 11:00 a.m. at the Westminster Senior & Community Center. The Bureau of Aging & Disabilities welcomes the Commission to this catered holiday breakfast. Please RSVP to Leslie Wagner at Lwagner@carrollcountymd.gov.</p>
<p>Bureau of Aging & Disabilities – Celene Steckel</p>	<p><u>Staffing Update, Celene Steckel –</u></p> <ul style="list-style-type: none"> • A candidate has been interviewed and selected for the vacancy in the Veteran Services Program. Human Resources is in the process of offering them the position. • SHIP Coordinator, Nicole Ranoull, is on extended leave, returning in January. Open Enrollment for Medicare Part D/Prescription Drug has begun and the long tenured volunteers have been able to provide counseling/enrollment services as well as other MAP staff. Also, call 1-800-Medicare if you need assistance. • AmeriCorps Volunteer Coordinator has resigned due to personal reasons. Since the AmeriCorps training has already taken place, the position will not be refilled. <p><u>Senior Inclusion Program, Rich Ottone –</u></p> <ul style="list-style-type: none"> • Received a bus for their program to use and the staff that will be driving the bus has obtained their DOT physicals and training through CTS. • The bus has allowed them to expand client opportunities to out of state, such as Turkey Hill in Lancaster and Gettysburg. • SIP clients will once again be making centerpieces for the COAD Holiday Breakfast Celebration. • SIP clients have adopted a Guardianship client for the holidays, as well as making holiday cards for several local facilities. • DDA visited in September to determine their compliance with Medicare’s Final Rule. SIP was found to be in compliance with 19 out of 30. They have until 2022 to make adjustments. Dan Bowler asked about the non-compliance areas. Those include items such as listing Fundamental Rights in a way that everyone can understand, as well as better documentation of activities in the community. This was not a licensing visit. • Rich, Celene, and Becky Hellyer (Fiscal Supervisor) will be attending the Maryland Association of Community Service Providers conference at the end of November. Topics covered at the conference include Medicare Fraud in relation to Staffing Ratios as well as preparing for Medicare’s Final Rule. • Rich explained that DDA is transitioning into a new system and way of doing things. They bill the Federal Government for services, not the service providers, so they must be able to provide proof of those services. • Rich explained to Dan Bowler that CMS does not do a heightened review of their program, as DDA is responsible to the Federal Government for billing of services. <p><u>Senior & Community Centers, Patty Whitson –</u></p> <ul style="list-style-type: none"> • Koon’s Toyota Donation <ul style="list-style-type: none"> ○ 7th year ○ Funding to be used for physical activity classes – donations are accepted to offer additional classes

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- 2018 Koon's Classes – Class attendance 5,201 – Number of individual classes 498
 - Senior Center Regular Physical Activity
 - Class attendance 16,868 – Number of individual classes 1,558
 - With Koon's classes added on – Class attendance 22,069 – Number of individual classes 2,056
 - Walk Maryland
 - 147 Seniors walked 313.77 miles
 - Received a Certificate from the State
 - Passed around the 2018 Walk Maryland Outcomes Report
 - Upcoming Talks:
 - Scams and Social Media 2018 – by Dean Brewer, Chief Investigator, State's Attorney
 - Jump Start to Quitting Smoking
 - In planning stages for January – a class on Renter's Rights
 - Blood Pressure Cuff Grant is underway with 80 to be given out
 - Flu and Pneumonia Vaccines – 185 vaccines given during October in the Senior Centers
 - Congregate and Home Delivered Meals Bids awarded
 - Congregate – Business Food Solutions for \$4.29 per meal
 - Home Delivered – Meals on Wheels of Central Maryland for \$6.79 per meal (\$13.58 for 2 meals daily)
 - Crab Feasts were very popular again this year
 - September – 867 crabs ordered
 - October – 1,061 crabs ordered
 - SCOF Grants – still tweaking the details of the development for the tablets. We hope to have these in the Senior Centers to accept credit card payment in the centers beginning in January.
 - Newsletters – ongoing changes
- Aging & Disabilities Services, Celene Steckel –
- Senior Assisted Living Group Home Subsidy is a program available to income-eligible adults age 62 or older that provides a maximum monthly subsidy of \$650 for care in small facilities (16 beds or less). We've had 5 vacancies in Carroll County's program and although widely marketed, have been hard to fill. Maryland's Secretary on Aging has agreed that the monthly maximum subsidy is low and is considering possibly increasing the monthly maximum.
 - Maryland Department on Aging is also considering a statewide durable medical equipment (DME) process and has contracted with a shipping company to transport equipment from a centralized warehouse to six regional locations. DME will be accepted, cleaned, sanitized, repaired and then stored until needed. The current model would be for wheelchairs, walkers and canes, but in the future equipment such as hospital beds would be added. This program would not be for

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seniors only. Currently, Carroll County BOAD does not have a loan closet on site; however, local Lions clubs do, so communication with those clubs would be important. Carroll County BOAD has volunteered to be a regional site. MDoA is also interested in having volunteer Physical and Occupational Therapists provide connectivity to the equipment.

- Senior Call Check is a new MDoA voluntary, pilot program that provides robo-calls to registered adults age 65 or older. At a specified time, the individual will be contacted by the automated service. If no answer, another attempt will be made. After the third attempt, the service will reach out to a pre-determined emergency contact for follow-up. Online registration is preferred; however, an individual can register via mail by printing the forms from MDoA's website. The start of Senior Call Check has been delayed as 1,000 must be registered to run the program.
- A new, free Veteran Shuttle service has started in Carroll County, through a non-profit organization called Friends of Disabled American Veterans in Carroll County (FDAVCC). This service will complement the County-sponsored Veterans Shuttle which provides free transportation to Veterans to VA Medical sites. FDAVCC offers free, non-emergency medical and dental transportation for veterans to In-County appointments. Call BOAD if you have questions or if anyone is interested in scheduling the shuttle and they will direct you to the appropriate person at FDAVCC.
- National Aging Programming Information System (NAPIS) data is due to MDoA this Friday. Currently the State does not have access to local AAA's data as our system is antiquated and different than MDoA. The State has contracted with a new company to develop new software to be used by all AAA's and the State. Carroll County has volunteered to be a testing site once the software is developed.
- The Cold Weather Shelter is opening tomorrow and now has extended hours from 7pm to 8am. This later end time will allow individuals to stay warm and sheltered until other alternatives are open. This year they will also have a hot line that provides a recording of pertinent, need-to-know information. No pre-registration to stay at the shelter is required therefore reducing barriers. Currently the Westminster Senior & Community Center provides overflow space on Friday and Saturday evenings and Rescue Mission provides overflow Sunday through Thursday nights.
- Next year's Area Plan will include our next four year planning process, formulating what we are looking to accomplish in Carroll County. In the next few months COAD members will be asked to participate in a workgroup, attend public hearings and assist in the formulation of a strategic planning survey.

Other Updates and Announcements, BOAD Staff –

- Powerful Tools for Caregivers just finished their first workshop series, with another scheduled for January/February and May/June. The January workshop series is full. This series is evidence-based and provides self-care education for caregivers.
- Carroll County just trained 5 additional Chronic Disease Self-Management Program leaders, totaling 14 trained for the program. We have 4 who will be cross-trained into Chronic Pain Self-Management the beginning of January so that we can offer Chronic Pain in the County. All five senior and community centers are scheduled to host either a Chronic Disease

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	<p>or Diabetes Self-Management workshop series at their locations in the Spring of 2019.</p> <ul style="list-style-type: none"> • If you know of any Veterans needing firewood, please contact Leslie Wagner and she will direct you to Dave Bailey, who provides free firewood to Veterans.
<p>Area Reports – COAD Members</p>	<p><u>Carol Wheatley, Westminster</u> –</p> <ul style="list-style-type: none"> • Congratulations to Commission members Bob Coen and Larry Burbank, as well as Carroll Lutheran Village resident Dave Hall on their Distinguished Senior Awards. <p><u>Lauren Hickey, New Windsor/Union Bridge</u> –</p> <ul style="list-style-type: none"> • Carroll County Veterans Independence Project had their first annual Red, White, and Blue Ball last Saturday evening and raised \$25,000 with over 150 attending. • The Town of New Windsor is piloting the new Future Trash Program. Town residents have not been pleased with the process and cost involved. <p><u>Jim McCarron, Taneytown</u> –</p> <ul style="list-style-type: none"> • All light posts downtown have a canvas banner that highlights local Veterans. They will be displayed in November and May. • A 55 plus community has petitioned Taneytown for annexation.
<p>Next Meeting Date</p>	<p>The next meeting date is Wednesday, January 9, 2019 at 10:00 a.m. in the Bureau of Aging & Disabilities Library.</p>