

## Commission on Aging & Disabilities Meeting

**Meeting Date: September 12, 2018**

**Start Time: 10:00 am**

**Location: Bureau of Aging & Disabilities Library**

**Chairperson: Hermine Saunders**

**Vice-Chair: Jim McCarron**

Topic	Discussion
<b>Attendance</b>	<b>Dan Anderson, Amy Baker, Katrina Bauer, Larry Burbank, Val Cioeff, Marisa Cooke, Ruth Doxzen, Art Frotton, Lauren Hickey, Diane Martin, Jim McCarron, Rich Ottone, Heather Robb, Hermine Saunders, Celene Steckel, Leslie Wagner, Carol Wheatley</b>
<b>Acronyms</b>	<b>AAA - Area Agency on Aging, ADA - American's w/Disabilities Act, ADL - Activities of Daily Living, AIP – Aging in Place, BCC – Board of County Commissioners, BOAD - Bureau of Aging and Disabilities, COAD – Commission on Aging and Disabilities, CDSMP – Chronic Disease Self-Management Program, CTS – Carroll Transit System, CIL - Center for Independent Living, MDH - Maryland Department of Health , FFP – Federal Financial Participation, LTAC – Long Term Advisory Council, LTCO - Long Term Care Ombudsman, M4A - Maryland Association of Area Agencies on Aging, MAP - Maryland Access Point, MFP -Money Follows the Person, MOU – Memorandum of Understanding, MWOA - Medicaid Waiver for Older Adults, NED - Non-Elderly Disabled, NFCSP - National Family Caregiver Support Program, OAA - Older Americans Act, OHCQ - Office of Health Care Quality, SALGHS - Senior Assisted Living Group House Subsidy program, SHIP - State Health Insurance Program, SIP - Senior Inclusion Program, SMP - Senior Medicare Patrol, SPDAP - Senior Prescription Drug Assistance Program, VTV – Village to Village, WEAAD – World Elder Abuse Awareness Day.</b>
<b>Call to Order- Hermine Saunders</b>	Hermine Saunders welcomed everyone. Everyone went around the room and introduced themselves.
<b>Approval of Minutes – Hermine Saunders</b>	Hermine Saunders requested approval of the July 2018 minutes as submitted. Heather Robb motioned 1 <sup>st</sup> and Lauren Hickey 2 <sup>nd</sup> for approval. All were in favor to approve as submitted. Hermine Saunders then requested approval of the Aging in Place Sub-Committee meeting minutes from August 2018 as submitted. Art Frotton motioned 1 <sup>st</sup> and Marisa Cooke 2 <sup>nd</sup> for approval. All were in favor to approve as submitted.
<b>Old Business – Hermine Saunders</b>	<u>COAD Membership Vacancies, Celene Steckel</u> – Ruth Doxzen has resigned from the Commission and Celene thanked her for her service. We are in need of someone in Hampstead to complete her term as well as a family representative for developmental disabilities and the At-Large position. Suggestion was made to approach Target, ARC, and CHANGE, which Celene said we have done previously. The application to apply for a COAD position can be found online on the Aging website as well as Carroll County government website. Celene will look into advertising for the vacancies.
<b>New Business – Hermine Saunders</b>	<u>MAGIC, Amy Rupp</u> – <ul style="list-style-type: none"> <li>• Acronym for Mid Atlantic Gigabit Innovation Collaboratory</li> <li>• Currently leveraging the Westminster fiber optic network for economic development</li> <li>• This non-profit provides tech experiences for students, tech incubation for start-up tech businesses, and tech innovation projects such as the Healthy Smart Home.</li> <li>• Works with the City of Westminster, Carroll Community College, McDaniel College, Carroll County Public Library, to name a few.</li> </ul>

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	<p><u>Health Smart Home, Dr. Wack</u> –</p> <ul style="list-style-type: none"> <li>• Smart home technology is to improve the health and quality of living of disabled adults in a residential setting.</li> <li>• Avoidance of Emergency Department visits and injuries by providing better preventative care.</li> <li>• Data is collected and reviewed by software with artificial intelligence and uses logarithms to make predictions.</li> <li>• The individual controls the technology and decides how it will be used and who may view.</li> <li>• Project with Target:             <ul style="list-style-type: none"> <li>○ 2 homes with 3 clients in each – 6 volunteers to have their health data collected by the smart home technology.</li> <li>○ Have taken paperwork assessments and replaced with input into software that has an analyzable database.</li> </ul> </li> <li>• Looking to add environmental sensors that monitor light, activity, sound, etc. and nutritional plans.</li> <li>• Will be partnering with academics to analyze the data, as the house becomes a living lab and research platform.</li> <li>• The house will become a partner in the care of clients.</li> <li>• The house is not utilizing durable medical equipment yet as most sensors used are off the shelf and made by the program.</li> <li>• Looking to utilize the house as a plug and play for devices, but in a way that is secure and reliable.</li> <li>• Project is funded by a grant from Point Breeze Credit Union, donations and private contributions.</li> <li>• As far as Dr. Wack knows, this technology is not in any other community, however, is being researched and developed at universities.</li> </ul> <p><u>Long Term Advisory Health Cluster Update, Leslie Wagner</u> – The cluster did not meet over the summer and will resume this fall.</p> <p><u>AIP Sub-Committee Update, Jim McCarron</u> – The committee will meet after today’s COAD meeting. They will be reviewing the Mission and Vision Statement and discussing putting together a clearinghouse of the senior services that are offered in the County.</p> <p><u>Nominations for 2019 Chair and Vice-Chair, Celene Steckel</u> – Hermine and Jim will be seeking re-election in their positions as Chair and Vice-Chair. If you are interested in nominating someone other than Hermine and Jim, please let Celene or Leslie know prior to the November meeting. Voting for Chair and Vice-Chair will take place at the November COAD meeting.</p>
<p><b>Bureau of Aging &amp; Disabilities</b> – Celene Steckel</p>	<p><u>County Email Addresses, Celene Steckel</u> – All county email addresses will be changing from ccg.carr.org to carrollcountymd.gov. The staff names will remain the same. The website address will also be changing sometime in the near future and she will let everyone know when that happens. The old addresses will still accept email for up to a year.</p> <p><u>Staffing Update, Celene Steckel</u> –</p> <ul style="list-style-type: none"> <li>• Sara Handwerger has taken a position in the Maryland Department of Aging’s Veteran Directed Program. This contractual 25 hour/week position requires case management experience and will be posted soon.</li> <li>• AmeriCorps Volunteer Coordinator position has been filled by Sandra Whitaker. She begins tomorrow and will be rotating between the 5 senior &amp; community centers and will be working to develop volunteer job descriptions as well as policies and procedures. This position is for 11 months and works 40 hours/week.</li> </ul> <p><u>Senior &amp; Community Centers, Celene Steckel</u> –</p>

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- Blood Pressure cuffs - Partnership with CCHD and Carroll Hospital
  - Newsletters – More changes to be made next month. Feedback has not been positive.
  - Security Cameras
  - SCOF Grant – tablets for Senior Centers
  - Crab Feasts – 867 crabs were ordered for Sept. 6<sup>th</sup>. Reports were that they were delicious. Next crab feast will be Oct. 4<sup>th</sup>
  - September is Senior Center Month
    - Fall Prevention
    - Walk Maryland Activities
  - Flu Vaccines are scheduled – flyer will be forwarded to the COAD list serve.
  - Completing the review of meal bids for Congregate and Home Delivered Meals and then contracts will be awarded. New contracts will begin on October 1<sup>st</sup>.
  - Talks/Screenings have gone well at the Senior Centers
    - Dementia Series
    - Glucose Screenings
    - Memory Screenings
    - Balance Screenings
    - Homeland Security talks
  - Future talks that we will be scheduling
    - Emergency Preparedness
    - Bullying
    - Renter's Rights
    - Helping Older Adults Make Decisions about their Care – Carroll Hospice
  - Farmer's Market Coupons have been all distributes – 165 coupon books/\$30.00 each. Our program was audited and the audit went well.
  - NEW CTS Shuttle routes – CTS staff visited all Senior Centers (but MASC) to explain the new routes and answer questions.
- Aging & Disabilities Services, Celene Steckel –
- Medicare Open Enrollment will be October 15<sup>th</sup> to December 7<sup>th</sup>. Nicole Ranoull will be out on maternity leave, but long-tenured volunteers, as well as Debbie Frame and Kathy Wood will be assisting. Computer trainings are being given for those that elect to enroll themselves. These are held at BERCC because they have 17 computers available per training session. Sign up with Nicole.
  - Area Plan next year will require a survey of each program with a public hearing to discuss results. Use of technology for

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	<p>aging in place will be a question that is being considered for the survey. This survey will also be electronic so it can be forwarded on to many that may not initially receive the paper copy.</p> <ul style="list-style-type: none"> <li>• MACO will be introducing legislation that will propose a funding stream to support mental health benefits for those aging in residential settings.</li> <li>• We have applied for a grant to provide PEARLS, an evidence-based depression program for seniors. Those in our Senior Care program will be assessed for their eligibility. PEARLS provides 1:1 meetings, once a month for 6 months and instruction on self-management and care. Heather Robb is interested in including IHOS clients.</li> <li>• Rise to the Challenge, a conference for grandparents raising grandchildren will be Saturday, September 22<sup>nd</sup>.</li> <li>• Hands on Skills for Caregivers – a partnership with Carroll Community College, in teaching needed skills for caregivers. Basic Daily Care class will be Wednesday, September 26<sup>th</sup>.</li> </ul> <p><u>Senior Inclusion Program, Rich Ottone –</u></p> <ul style="list-style-type: none"> <li>• At capacity with 26 clients.</li> <li>• Fully staffed</li> <li>• Changing documentation to meet Medicaid Waiver standards.</li> <li>• End of summer bash on September 19<sup>th</sup>, dependent on weather.</li> <li>• Continuing to do trips in the community with small groups of 3 to 4 clients.</li> <li>• DPW has an additional lift bus that cannot be used commercially. They are willing to provide the bus to SIP for their use.</li> </ul>
<p><b>Area Reports – COAD Members</b></p>	<p><u>Larry Burbank, Veterans –</u></p> <ul style="list-style-type: none"> <li>• Veterans interviewing Veterans on October 13<sup>th</sup> at the Community Media Center. Past interviews can be viewed on Channel 19.</li> <li>• The Veteran of the Year event will be November 7<sup>th</sup> at the American Legion Post #120.</li> <li>• Carroll Lutheran Village Men’s Club will have a Vietnam Veteran speak on November 17<sup>th</sup>.</li> <li>• He recommended that permanent name tags be provided all council members.</li> <li>• He will be inducted into the Maryland Senior Citizens Hall of Fame along with Dave Hall and Bob Coen on October 25<sup>th</sup>.</li> <li>• There was a great turn out at the Len Stoler Car Show to benefit Carroll County Veterans Independence Project.</li> </ul> <p><u>Heather Robb, Eldersburg –</u> She has had a few reports in the last couple weeks of scams that her clients have been involved. Celene will talk to Patty about getting Dean Brewer back to the Senior Centers with talks regarding current scams.</p>
<p><b>Next Meeting Date</b></p>	<p><b>The next meeting date is Wednesday, November 14, 2018 at 10:00 a.m. in the Bureau of Aging &amp; Disabilities Library.</b></p>