

Commission on Aging & Disabilities Meeting

Meeting Date: July 11, 2018

Start Time: 10:00 am

Location: Bureau of Aging & Disabilities Library

Chairperson: Hermine Saunders

Vice-Chair: Jim McCarron

Topic	Discussion
Attendance	Dan Anderson, Larry Burbank, Val Cioeff, Bob Coen, Marisa Cooke, Ruth Doxzen, Art Frotton, Lauren Hickey, Christine Kay, Diann Linton, Diane Martin, Jim McCarron, Rich Ottone, Gail Riley, Heather Robb, Hermine Saunders, Celene Steckel, Leslie Wagner, Carol Wheatley, Patty Whitson, Samantha Wilson, Lou Yeager
Acronyms	AAA - Area Agency on Aging, ADA - American's w/Disabilities Act, ADL - Activities of Daily Living, AIP – Aging in Place, BCC – Board of County Commissioners, BOAD - Bureau of Aging and Disabilities, COAD – Commission on Aging and Disabilities, CDSMP – Chronic Disease Self-Management Program, CTS – Carroll Transit System, CIL - Center for Independent Living, MDH - Maryland Department of Health , FFP – Federal Financial Participation, LTAC – Long Term Advisory Council, LTCO - Long Term Care Ombudsman, M4A - Maryland Association of Area Agencies on Aging, MAP - Maryland Access Point, MFP -Money Follows the Person, MOU – Memorandum of Understanding, MWOA - Medicaid Waiver for Older Adults, NED - Non-Elderly Disabled, NFCSP - National Family Caregiver Support Program, OAA - Older Americans Act, OHCQ - Office of Health Care Quality, SALGHS - Senior Assisted Living Group House Subsidy program, SHIP - State Health Insurance Program, SIP - Senior Inclusion Program, SMP - Senior Medicare Patrol, SPDAP - Senior Prescription Drug Assistance Program, VTV – Village to Village, WEAAD – World Elder Abuse Awareness Day.
Call to Order- Hermine Saunders	Hermine Saunders welcomed everyone. Everyone went around the room and introduced themselves. New this meeting is Lou Yeager of Catastrophic Health Planners, a non-profit that supports families experiencing catastrophic health events and Dan Anderson, a gerontologist and Certified Aging in Place Specialist from Eldersburg.
Approval of Minutes – Hermine Saunders	Hermine Saunders requested approval of the May 2018 minutes as submitted. Val Cioeff motioned 1 st and Bob Coen 2 nd for approval. All were in favor to approve as submitted.
Old Business – Hermine Saunders	<u>COAD Membership Vacancies, Celene Steckel</u> – We are still in need of a family representative for developmental disabilities and the At-Large position. <u>Sub-Committees, Hermine Saunders</u> – Originally it was agreed to have two sub-committees, Health & Wellness Cluster of the Long Term Advisory Council (LTAC) and Aging in Place. The COAD Executive Committee met and agreed to focus on Aging in Place and make it a top priority for this next year. The Health & Wellness Cluster sub-committee will be replaced by a Villages Aging in Place sub-committee, which will research Village models. The original AIP sub-committee will now focus on establishing goals and objectives for Aging in Place in Carroll County. The next subcommittee meeting will be held as a combined meeting of the Village to Village group as well as the goals and objectives group and will be held on August 8, 2018 at 10:00 at the BOAD.
New Business – Hermine Saunders	<u>4th Annual State of Aging Conference, Diane Martin</u> – Conference will be 8am to 5pm on Tuesday, August 14 th at McDaniel College. This year's focus is Person-Centered Care with the keynote address given by Karen Love, Executive Director of the Dementia Action Alliance, with additional speaker Rhonda Rotterman, Director of Clinical Operations for Kalos Health. Registration is online and the cost:

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	<ul style="list-style-type: none"> • Before July 27th <ul style="list-style-type: none"> ○ Professional with CEUs: \$150 ○ Professional without CEUs: \$100 ○ Elders (age 60+)/Students/Faculty: \$50 • After July 27th <ul style="list-style-type: none"> ○ General Admission with CEUs: \$175 ○ General Admission without CEUs: \$125 ○ Retirees/Family Care Providers/Students/McDaniel Faculty & Staff with CEUs: \$125 ○ Retirees/Family Care Providers/Students/McDaniel Faculty & Staff (no CEUs): \$75 ○ Elders (age 60+)/Students/Faculty: \$50 <p><u>Long Term Advisory Council (LTAC) Health & Wellness Cluster Update, Bob Coen</u> – Bob reported that the Council is not meeting over the summer.</p> <p><u>Area Plan Review Update, Celene Steckel</u> – The Area Plan was submitted and returned with a request for minor additions and then resubmitted. The Area Plan has been approved by MDoA. Commendations were given for our CDSMP program, Ombudsman and WEAAD work as well as the awareness given to elder abuse year round, and the work being done on a bi-directional automatic referral system with the Health Department and Carroll Hospital. Lou wanted to know if the Area Plan can be found online. At this point it is not online, but Celene will look into providing him a copy.</p> <p><u>Legislative Session Update, Celene Steckel</u> – Any unspent funds of the additional Hold Harmless Funding that was allocated to Carroll County mid-year has been extended to FY2019. These additional funds will be used enhance the Senior Center Operating Fund grant to develop and implement a credit card swipe feature at all the senior and community centers.</p>
<p>Bureau of Aging & Disabilities – Celene Steckel</p>	<p><u>Staffing Update, Celene Steckel</u> –</p> <ul style="list-style-type: none"> • Fully staffed • Jim Hillman, previously retired Veterans Services Officer, has replaced Keri Keefer in the Veteran Services Program • We are advertising for the AmeriCorps position. This position is not paid through the county, but receives a living stipend through AmeriCorps for 11 months, 40 hours a week, at approximately \$13,700. This position will work as a Volunteer Coordinator at all five Senior & Community Centers. <p><u>Senior Inclusion Program, Rich Ottone</u> –</p> <ul style="list-style-type: none"> • Did financially well for this past fiscal year. • They are providing more mandated DDA activities. • Just in the past 6 months, SIP provided 30 activities outside the center with four or less individuals. Kudos to the staff for providing a better program experience. • 1 participant vacancy, with 4 possible candidates.

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- In the process of changing their activities documentation, which will ultimately allow them to be reimbursed at a higher rate.

Aging & Disabilities Services, Celene Steckel –

- Celene was interviewed by Carroll County State’s Attorney Brian DeLeonardo regarding Elder Abuse. The interview aired on WTTR last Sunday, July 8th.
- Department of Health has performed a supports planning audit on 5 client files. We received a favorable response showing we are in compliance and no QA is needed.
- Powerful Tools for Caregivers, an evidence-based education workshop series that teaches caregiver self-care. BOAD is providing to the community free of charge. First series to begin Thursday, September 13th 5:30-7pm in the BOAD’s library, meeting weekly for 6 weeks. Once full a second series will be scheduled.
- Assisted Living Facilities are no longer required to re-apply for their licensure. Licenses will be provided by the Maryland Department of Health with no end date. You can check on the MDoH’s website for an up-to-date list of Assisted Living Facilities currently licensed. Facilities are still subjected to rules and regulations enforced by OHCQ.
- HUD VASH Vouchers
 - Carroll County has received 10 vouchers for homeless veterans. Currently we have 4 Veterans who have applied.
 - These housing vouchers include housing and case management.
 - VA Case Managers will assist homeless veterans in finding appropriate housing..

Senior & Community Centers, Patty Whitson –

- Farmer’s Market Vouchers - \$30 worth of checks and distributed in July.
- Senior Day at 4-H Fair on Thursday, August 2nd
 - Over the age of 60 and the project must have been completed within the last year.
 - Entries accepted at all senior and community centers OR at the fair from 7:30-8:30am on August 2nd
 - 45 classes to enter
 - Last year we had 424 entries
 - Entertainment sponsored by the senior and community centers will be by Nancy Abramson at 12:30pm under the big white tent. Last year about 275 were in attendance.
- All centers will be participating in MDoA’s 2018 Older Marylander’s Walk a Million Miles campaign to begin in August and run through October 10th (which is Maryland Walk Day)
- September is National Senior Center Month
 - This year’s theme is: Senior Centers – Building Momentum! The senior centers will have open houses and be highlighting their innovative programs.
 - Falls prevention is also highlighted throughout the month of September with balance screenings and falls

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	<p>prevention talks, both given by the Hospital. Two centers have filled all their spots and had to add additional times.</p> <ul style="list-style-type: none"> • Patty has been working on a state committee to write bid proposals for Congregate and Home Delivered Meals. These RFP's should be going out in early August with new contracts beginning on October 1st. • Senior Center crab feasts will be held in the fall. • New look for the Newsletters <ul style="list-style-type: none"> ○ Beginning in September or October ○ One newsletter for all five centers ○ Generic information in the front and center specific information in the back. ○ Reminder that if you are a member at one center you can attend any of the 5 senior and community centers • New by-laws for senior center site councils were written, voted on, and finalized this past Spring. All centers are using the same by-laws. Signed copies will be distributed. • Older Driver/Smart Driving Classes ended in June. Attendance was down some, due to the lack of the free meal and increase in cost. • Dementia series still continuing • Memory screenings by Carroll Hospital seem to be popular. Several centers have asked for additional slots for screenings. • Safe Drug Disposal talks and distribution of free Drug Deactivation Pouches are ongoing. • Crime Prevention Talks to include New Frauds and Scams Against Seniors and Homeland Security • Diabetes Glucose Screenings (finger sticks) provided by the hospital • Blood Pressure Screenings • Stroke Awareness Talks
<p>Area Reports – COAD Members</p>	<p><u>Jim McCarron, Taneytown</u> – Reported that World renowned magician will be performing at the Taneytown Senior & Community Center tomorrow.</p> <p><u>Marisa Cooke, Health Department</u> – The Health Department is hosting an Alzheimer's Support Group on the 3rd Thursday of each month from 6-8pm. This group is led by Ann Messina and is geared more towards Caregivers.</p> <p><u>Art Frotton, Finksburg</u> – Interested in getting permanent name tags to identify themselves when in the public conducting COAD business. Celene said that Carroll County is in the process of rebranding their look and website. Once that is complete then she will look into getting permanent name badges for all COAD members.</p>
<p>Next Meeting Date</p>	<p>The next meeting date is Wednesday, September 12, 2018 at 10:00 a.m. in the Bureau of Aging & Disabilities Library.</p>

Commission on Aging & Disabilities Sub-Committees Meeting

Meeting Date: July 11, 2018

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<p>AIP – Village Model Sub-Committee: Bob Coen, Chairperson</p> <p>AIP – Goals & Objectives Sub-Committee: Art Frotton, Chairperson</p>	<ul style="list-style-type: none"> • As a COAD member you are not required to sit on a sub-committee. • Each sub-committee needs a member to take notes and share to all. • Sub-committees are not considered an open meeting unless 7 or more members are attending. • Population to address: <ul style="list-style-type: none"> ○ Middle income ○ 80 years of age or older • Seniors helping seniors/ Volunteerism – bring in younger older adult (i.e. Baby Boomers) to assist older adults that need help. • Aging in Place is all about planning for the future • Need to have a pilot phase • Create a toolkit with BOAD so if a neighborhood or community would like to provide some type of AIP they would have legal and practical issues already addressed and defined. • Shouldn't rely on the government for funding. • Different definitions on what is a village • 350 operating villages in the US – we can use certain aspects of all to make it most beneficial to Carroll County • On the County level the government needs to incentivize communities by creating intergenerational housing to prepare for AIP • AIP is a strategic goal and an important issue to the BCC. We can go before the BCC twice a year to inform them on what

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	<p>we are working on in regards to AIP.</p> <ul style="list-style-type: none">• Possibly at September or November COAD meeting invite planning/zoning to attend• Sub-committees to meet monthly, on off months that COAD doesn't meet• AIP Mission Statement<ul style="list-style-type: none">○ Need to determine mission.○ Diane Martin had a mission that the original Village Model group, several years ago, had written. That was passed out to all present.○ Leslie to forward Diane's Mission Statement to those present. Recommendations to Leslie (reply ALL) by July 25th.
Next Meeting Date – Both Sub-Committees	Both sub-committees' next meeting date is Wednesday, August 8, 2018 at 10:00 a.m. in the Bureau of Aging & Disabilities Library.