

Commission on Aging & Disabilities Meeting

Meeting Date: July 12, 2017

Start Time: 10:00 am

Location: Westminster Senior Center Multi-Purpose Room

Chairperson: Hermine Saunders

Vice-Chair: Ed Leister

Topic	Discussion
Attendance	Larry Burbank, Val Cioeff, Bob Coen, Arthur Frotton, Lauren Hickey, Diann Linton, Elizabeth MacDougall, Diane Martin, Nicole Ranoull, Gail Riley, Hermine Saunders, Leslie Wagner, Patty Whitson
Acronyms	AAA - Area Agency on Aging, ADA - American's w/Disabilities Act, ADL - Activities of Daily Living, AIP – Aging in Place, BCC – Board of County Commissioners, BOAD - Bureau of Aging and Disabilities, COAD – Commission on Aging and Disabilities. CTS – Carroll Transit System, CIL - Center for Independent Living, DHMH - Maryland Department of Health and Mental Hygiene, FFP – Federal Financial Participation, LTCO - Long Term Care Ombudsman, M4A - Maryland Association of Area Agencies on Aging, MAP - Maryland Access Point, MFP -Money Follows the Person, MOU – Memorandum of Understanding, MWOA - Medicaid Waiver for Older Adults, NED - Non-Elderly Disabled, NFCSP - National Family Caregiver Support Program, OAA - Older Americans Act, OHCQ - Office of Health Care Quality, SALGHS - Senior Assisted Living Group House Subsidy program, SHIP - State Health Insurance Program, SIP - Senior Inclusion Program, SMP - Senior Medicare Patrol, SPDAP - Senior Prescription Drug Assistance Program, VTV – Village to Village
Call to Order- Hermine Saunders	Hermine Saunders welcomed everyone and introductions were made.
Old Business – Hermine Saunders	<p><u>Update on Aging in Place Survey, Diane Martin, Bob Coen and Leslie Wagner–</u></p> <ul style="list-style-type: none"> • Surveys completed at the Expo still need to be inputted. Diane's grad assistant will be back in 2 weeks and she will have him input then. A suggestion was made to ask local high schools for students needing service learning hours to assist in adding the paper surveys online. • Leslie forwarded the link to the online survey via email to 100 churches in Carroll County. • Current survey numbers: <ul style="list-style-type: none"> ○ Entered in system – 1,100 ○ Need to be entered – 75-80 ○ Most are from zip codes 21157 and 21158 ○ Goal is to have 10% of the county's population over 60 – 4,000 ○ Vast majority are paper copies completed and not online • #1 issue moving forward is getting the funds to have an additional 4,000 copies made, about \$1,500. Diane is open to having a business fund the copying costs and will place their business logo on the front of the paper survey. Lauren Hickey will ask Right at Home (her employer) if they would be willing to fund the copying. She should know something by the end of the week. If they agree, she will notify the Commission. Leslie will re-format the front page of the survey and add their logo. • Since the vast majority were completed in person, ideas were provided on how to get the survey out and completed. <ul style="list-style-type: none"> ○ Nicole can take whenever she goes out into the community, as well as during her Medicare classes.

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	<ul style="list-style-type: none"> ○ Commission members have tables set up at their community Carnivals and bingo halls. Have tables set up at Senior day at the 4-H fair and Nancy’s caregiver conferences. Volunteers need to be coordinated. ○ Local high school clubs attend ice cream socials at the various senior housing buildings and play games, while some assist in completing the survey. This would also need to be coordinated. ○ Ideas decided not feasible or cost effective: Carroll County Times, RSVP’s contact list and mail out post cards. ○ Doctors’ offices, pharmacies – difficult unless staff will hand out and collect. <ul style="list-style-type: none"> ● Carroll magazine – Leslie will check with Celene to see if and when the mini-article will be printed. ● Katie Pass, South Carroll Senior Center’s assistant manager, is getting ready to do her final project at McDaniel with Diane Martin. She is very interested in making this survey her project. ● A grad student of Diane’s has currently created an Aging in Place website for the suburbs of Atlanta. Diane will forward the link to the Commission once it goes live. They are a good model and serve on the National Aging in Place Council. <ul style="list-style-type: none"> ○ Screening process to be included on their AIP website – must be A rated business with the Better Business Bureau and in business for no less than 5 years. <p><u>New Member Recruiting, Hermine Saunders –</u></p> <ul style="list-style-type: none"> ● The Board of Commissioners has received the applications for Carol Wheatley and James McCarron, however, they meet every couple of months to review. We are awaiting their decision. ● Celene has contacted the individual that expressed interested at the Expo. They live in Hampstead and would also be a family representative of a disabled individual. To date, they have not responded.
<p>Approval of Minutes – Hermine Saunders</p>	<p>Hermine Saunders requested approval of the May 2017 minutes as submitted. Gail Riley motioned 1st and Val Cioeff 2nd for approval. All were in favor to approve as submitted.</p>
<p>Staff Presentation- Nicole Ranoull</p>	<p><u>Bureau of Aging & Disabilities, Nicole Ranoull –</u> Carroll County Senior Health Insurance Assistance Program (SHIP) and Senior Medicare Patrol (SMP) Coordinator</p> <p>The State Health Insurance Program (SHIP) is a national program that offers one-on-one counseling and assistance to people with Medicare and their families. They provide free counseling and assistance via telephone and face-to-face sessions, public education presentations and outreach events. Some of the topics they discuss and assistance they provide:</p> <ul style="list-style-type: none"> ● Medicare A (Hospital), Medicare B (Medical), Supplemental Plans, Medicare C (Advantage Plans) ● Medicare Part D – assist people with plan finder search, entering drugs into the database, and explaining the components of the plans listed, providing an overview of how to navigate Medicare.gov. ● Open Enrollment October 15th – December 7th – during this time you can compare plans and make sure that you are in the right prescription plan or Advantage plan that best fits you. They go out to the senior centers for open enrollment events. ● Medicare Savings Programs (Qualified Medicare Beneficiary-QMB, Specified Low Income Medicare Beneficiary-SLMB, Extra Help, and Senior Prescription Drug Assistance Program-SPDAP)

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	<ul style="list-style-type: none"> • Assist with appeals, denials and grievance • There are currently 8 volunteers with SHIP and SMP – data entry, outreach presentations and counseling. They provide monthly training for all volunteers. • Community Presentations – monthly presentation at the Westminster Library – Transitioning to Medicare Part I and Transitioning to Medicare Part II. Other libraries around the county have the presentations once or twice a year depending on the availability. They also do other sessions upon request. <p>Senior Medicare Patrol program (SMP) helps Medicare and Medicaid beneficiaries prevent, detect and report health care fraud. SMP staff and volunteers work with individual beneficiaries to review Medicare Summary Notices for accuracy, and make presentations to groups on how to avoid getting taken by scam artists. Their primary goal is to teach Medicare beneficiaries how to protect their personal identity, identify and report errors on their health care bills, identify misleading health care practices, such as illegal marketing, providing unnecessary or inappropriate service and charging for services that were never provided. They also educate beneficiaries and family members to be on the lookout for these types of things. Some examples include:</p> <ul style="list-style-type: none"> • Billing for services or supplies that were not provided • Providing unsolicited supplies to beneficiaries • Misrepresenting a diagnosis, a beneficiary’s identity, the service provided, or other facts to justify payment • Prescribing or providing excessive or unnecessary tests and services • Violating the participating provider agreement with Medicare by refusing to bill Medicare for covered services or items and billing the beneficiary instead • Offering or receiving a kickback (bribe) in exchange for a beneficiary’s Medicare number • Requesting Medicare numbers at an educational presentation or in an unsolicited phone call • Routinely waiving co-insurance or deductibles • Waivers are only allowed on a case-by-case basis where there is financial hardship, not as an incentive to attract business
<p>New Business – Hermine Saunders</p>	<p><u>Liaison role to BOAD program staff, Hermine Saunders</u> – Hermine asked the members to be thinking about what areas of BOAD they would like to link with.</p> <p><u>FY18 Area Plan, Leslie Wagner</u> – The FY18 Area Plan has been submitted and returned. Some minor revisions were made and accepted and then approved.</p> <p><u>Long Term Advisory Council (LTAC) Health & Wellness Cluster Update, Bob Coen</u> – Ed Leister has agreed to serve on this committee on behalf of the COAD. Bob reported in Ed’s absence. There is a 15 member panel that comprises the Carroll County Long Term Advisory Council. There are several “clusters” that meet separately of the LTAC but are led by members of the LTAC. Their goal is to create a vision of what the county should look like in 30 years. The Health & Wellness Cluster is led by Ed Singer, Carroll County’s Health Officer. This is still brand new and they are working on their mission and vision of the Council and Clusters. Meetings are recorded and can be found online.</p>

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	<p><u>The Center for the Study of Aging at McDaniel College, Diane Martin</u></p> <ul style="list-style-type: none"> • The State of Aging Conference 2017 – Maximizing Quality of Later Life – Tuesday, August 8th at Decker College Center Forum, McDaniel College, registration by August 1st. Speakers include Jennifer Holcomb, Director of Memory Support at Cross Keys Village and Diane Martin, Director of the Center for the Study of Aging at McDaniel College. • 2017 Focus on Aging Series: <ul style="list-style-type: none"> ○ September 5th – Matters of Health ○ October 10th – Matters of the Brain ○ October 14th – 10th Annual Walk to End Alzheimer’s ○ November 7th – Matters of the Community ○ December 5th – Matters of the Soul
<p>Bureau of Aging & Disabilities – Patty Whitson</p>	<p><u>Update, Patty Whitson –</u></p> <ul style="list-style-type: none"> • Senior Day at the 4-H Fair is Thursday, August 3rd. Seniors can enter work that has been completed since the last fair in 44 categories – last year there were 385 senior entries. Work can be entered between 7:30 and 8:30am on 8/3 or dropped off at a local senior center. Senior entries will remain on display until Friday 8/4 at 1pm. There will be entertainment by Standard Delivery Combo under the big white tent from 12:30 to 1:30pm. 4-H Ambassadors serve free ice cream. Last year there were approximately 250 at the entertainment. • Farmer’s Market Coupons – 155 coupon books worth \$30 each will be distributed to income qualified seniors. These are being distributed this week and next in the centers. • September is National Senior Center Month and Falls Prevention Week – the centers are planning many wonderful activities. • There will be two Senior Center crab feasts this year – Thursday, September 7th and Tuesday, October 17th. Crabs will be \$2/each and will be eaten after the senior center meal. All crabs must be eaten in the center and last year just under 1,000 crabs were sold. • Senior Center Operating Funds Grant Award – Received notification of \$12,480 award beginning July 1, 2017 for Moving for Better Balance classes. Will be going before the Commissioners in Open Session on July 20th to ask them to accept the award. • CTS Tickets – We will be meeting about CTS funding in the near future. In FY18 we will have less funding for transportation tickets from our IIIB funding. We will continue to receive \$20,000 from the Commissioners. Currently, we run out of tickets on the first day of distribution. Changes to Senior Center ticket distribution – “Due to limited quantities of CTS tickets, beginning in September, CTS donation and \$5 books will only be distributed in the senior centers on the first 5 business days of each month while quantities last.” CTS will be randomly giving 25 books to CTS riders each month.

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- Current job openings – Senior Center Custodian for the Mt. Airy and Taneytown Senior Center and Senior Center Assistant Manager for the North Carroll Senior Center.
- Partnership for a Healthier Carroll County has placed black chalk boards in each of the senior centers that ask the question of what makes for a healthy community. This has been an ongoing community project for the Partnership.
- Our Caregiver’s program will be presenting 2 workshops in the fall:
 - September 16th – Do you Dare to Care? – Topics include Substance Abuse: Recognizing and dealing with the dangers of drugs and Technology & Social Media: The challenges you and your child face and how to deal with them.
 - October 21st – What’s the Buzz? – Topics include Power of Attorney vs. Executer of the Will (free planning booklet), What’s in My Medications (Medication Drop-Off), Family Dynamics and Caregiving, Veteran Benefits Made Easy (Free easy to understand booklet) and Therapeutic Needs (Acupressure and Chinese herbal medicine).

Senior Inclusion Program, Patty Whitson for Rich Ottone –

- A new individual started on June 1st and has done much better than anyone expected with transition since he had been at the ARC for 20 plus years.
- Becky Hellyer and Rich worked together to estimate their surplus revenue for the end of the fiscal year. They were able to purchase a new electronic Hoyer lift, couple of new Geri chairs, two new iPads, a new changing table, new karaoke machine and some other little program items.
- Attended the Therapeutic Rec Day, bowling at Greenmount and lunch at the Greene Turtle as well as many senior center activities including the Car Show which was a big hit.
- Made ribbons for the World Elder Abuse Awareness event.
- Smaller group attended the library in July. Tiffany is focusing on having smaller groups do things around the center and out in the community. She has a trip planned to a local park in August and is also setting up little shopping trips. She also connected with her old friends from ARC to have one of their volunteer groups do some cleaning around SIP. That’s important for us because we want to be as collaborative with the other agencies as we can be.

Update, Patty Whitson for Gina Valentine –

- The following grant applications have been sent to MDoA (these are all grant renewals):
 - Senior Medicare Patrol – the grant focuses on reducing Medicare/Medicaid fraud.
 - Senior Assisted Living Group Home Subsidy Program – the program subsidizes the cost of assisted living up to \$650 per month. Each local area has a target for the number of clients permitted to be in the program. Our target is 13 clients. The preliminary allocation is for 12 clients. We currently have 8 people on the program; as soon as the grant is awarded, we will be able to add 4 clients. We have to obtain permission from MDoA to add people to the program; in FY17, we experienced delays in obtaining permission to add clients which resulted in the 4 vacancies.

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	<ul style="list-style-type: none"> ○ Veteran Directed Home and Community Based Services Program – provides services to Veterans to assist them with remaining at home. Primary services provided are personal care and case management. We are able to serve up to 5 Veterans in this program; we currently have one vacancy. The program is funded by the Veterans Administration. ○ Senior Care – clients in this program are able to receive up to \$300 per month to pay for needed services as light chore service, home delivered meals, life emergency response system, personal care. Last year we served a total of 69 people in the program. People are staying on the program longer than in the past. We have over 40 people on the wait list. People on the wait list are prioritized to ensure individuals with the highest level of need are served first. ● MDoA is offering a competitive grant called Hospital to Home (H2H): <ul style="list-style-type: none"> ○ The project seeks to establish and enhance local MAP care coordination partnerships and develop formal critical pathways to support individuals who are transitioning from an acute care or short term rehab facility. ○ The partnership supports care transition activities at hospital and rehab facilities by providing information, referrals, MAP Options Counseling (person-centered planning), access to public and private community services enrollment in Medicaid programs (CFC and CPAS) and service coordination. ○ The initiative consists of an inter-disciplinary coordination team model where agencies work with individuals transitioning out of hospitals and rehab facilities to connect them to home and community based services. ○ MAP staff provides MAP Options Counseling to develop a service plan, assist with enrollment in programs and system navigation. ○ The grant would be effective July 1, 2017 – June 30, 2018 but grant applications are not due until late July. If we apply for this grant, we would need to hire an additional staff member. We have decided not to pursue this funding with the realization that the position would (after approval, posting, hire) only be available for approximately 6 months with no funding available to support the continuation of the position. MDoA communicated that the funding for this program will not be available after FY18. We still intend to work with the hospital to receive referrals for individuals who have been in the hospital and need long term services and supports to assist them with remaining in the community. ● Maryland Energy Assistance – people can apply at any time of the year but they must re-apply every fiscal year (July-June). MAP I&A staff are currently visiting the older adult housing complexes to assist people with completing their annual applications.
<p>Area Reports – COAD Members</p>	<p><u>Larry Burbank, Veterans</u> – Larry announced that he has been voted in as the chair for the Carroll County Veterans Advisory Council (VAC). He updated the Commission members on the Army Reserve project. The Army Reserve building will be used for a transitional Veterans program that will house homeless veterans and their families, provide education and job training, as well as</p>

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	<p>case management services. This project will have its own board separate from the VAC and will be called the Veterans Independence Project (VIP). All questions related to VIP should be directed to them and not the VAC. The County fully supports VIP; however will not be in charge of the project with a clear separation between VIP and VAC. Larry also presented a certificate of appreciation to Patty on her work in assisting him with providing AARP Safe Driving Workshops for over 13 years. <u>Bob Coen, Adults with Disabilities</u> – Bob informed everyone of a V-Linc event where they will be selecting 10 special needs children to modify and fit bikes made specifically for them. All applications are due Monday, July 17th.</p>
<p>Educational Programs offered through the COAD on Aging & Disability Issues – Patty Whitson</p>	<p>September’s meeting – Celene Steckel will be presenting on N4A Conference and an update on MaCO.</p>
<p>Next Meeting Date</p>	<p>The next meeting date is Wednesday, September 13, 2017 at 10:00 am at the Westminster Senior Center – Multipurpose Room.</p>