

Commission on Aging & Disabilities Meeting

Meeting Date: March 8, 2017

Start Time: 10:00 am

Location: Westminster Senior Center Multi-Purpose Room

Chairperson: Hermine Saunders

Vice-Chair: Ed Leister

Topic	Discussion
Attendance	Larry Burbank, Val Cioeff, Bob Coen, Gail Edwards, Nokomis Ford, Arthur Frotton, Lauren Hickey, Erin Inman, Ed Leister, Rich Ottone, Gail Riley, Hermine Saunders, Celene Steckel, Gina Valentine, Leslie Wagner, Patty Whiston
Acronyms	AAA - Area Agency on Aging, ADA - American's w/Disabilities Act, ADL - Activities of Daily Living, AIP – Aging in Place, BCC – Board of County Commissioners, BOAD - Bureau of Aging and Disabilities, COAD – Commission on Aging and Disabilities. CTS – Carroll Transit System, CIL - Center for Independent Living, DHMH - Maryland Department of Health and Mental Hygiene, FFP – Federal Financial Participation, LTCO - Long Term Care Ombudsman, M4A - Maryland Association of Area Agencies on Aging, MAP - Maryland Access Point, MFP -Money Follows the Person, MOU – Memorandum of Understanding, MWOA - Medicaid Waiver for Older Adults, NED - Non-Elderly Disabled, NFCSP - National Family Caregiver Support Program, OAA - Older Americans Act, OHCQ - Office of Health Care Quality, SALGHS - Senior Assisted Living Group House Subsidy program, SHIP - State Health Insurance Program, SIP - Senior Inclusion Program, SMP - Senior Medicare Patrol, SPDAP - Senior Prescription Drug Assistance Program, VTV – Village to Village
Call to Order- Celene Steckel	Celene Steckel welcomed everyone and introductions were made. Diane Martin and Elizabeth MacDougall were unable to attend.
Old Business – Hermine Saunders	<p><u>Update on Aging in Place Survey, Celene Steckel</u>– The Executive Committee met with Diane Martin to inquire about the status of the survey, where and who it has been distributed and any results. It is difficult to determine exactly where the surveys had been disseminated in the past. Instead, Diane provided an overview and Map of zipcodes where surveys had been completed as well as those areas that had little response to date. Diane Martin reported that she was looking to have 4,000 completed, but currently have approximately 1,000.</p> <ul style="list-style-type: none"> • After the Expo there will be a re-launch of the survey with distribution by COAD members to their communities (senior housing, churches, etc.). Celene will organize information and the survey and email to COAD members. It will include a map that Diane Martin made using the 2010 census that outlines the number of citizens over 60 years old so that members know where to go in their community. Ed mentioned that none of the zip codes have more than 2% reporting and some haven't even been touched. • Celene would like to set a deadline of August 31, 2017 to have all surveys done and allow McDaniel to review the data and prepare a report on the results. • Bob has made himself a list of local churches and Ed agrees that concentrating on maybe 10 places that seniors reside then having a representative go in and help seniors complete the survey. Everyone agreed that when using the paper copy of the survey and just handing out is not enough. We need to wait and/or assist until it is completed so then we can collect.

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	<ul style="list-style-type: none"> • Diane Martin will be at the Expo with a small table next to the COAD table with some of her students assisting attendees in completing the survey. • Patty suggested that May is Older Americans Month and each senior center is having a large meal May 31st. While seniors are waiting for their meals and/or entertainment they are a captive audience. Volunteers could go around and assist in completing the survey. There is also a 55+ club that meets at Mt. Airy Senior Center. Patty suggested that a write-up be included in all the Senior Center newsletters explaining the survey and why it's being done. Bob has agreed to write it and forward to Patty. • Hermine wanted to know if BOAD already provides the same services that the survey is asking. Celene agreed that the BOAD's focus is to help individuals age in place, however aging in place is a community movement and not a BOAD movement. The survey results may show that the current funding streams may stay the same but the way to provide services may change. Currently there are several organizations and services in place in Carroll County that will assist those aging in place to include: Resource Guide (age specific), Chamber of Commerce (list of vetted businesses for seniors to use) and Caring Carroll (volunteers who can assist and have certain skills). • Hermine would like someone to oversee the AIP survey, not volunteers, so that it can be properly conducted. • Marketing could include rack cards explaining the survey, labels with the AIP survey link on the back of COAD's Expo giveaways, and possibly using the library where we would advertise on a certain date and time someone would be present to help fill out the survey. <p><u>New Member Recruiting, Celene Steckel</u> –</p> <ul style="list-style-type: none"> • Taneytown – Larry has reached out to Taneytown's Mayor, James McCarron. Celene has already vetted to make sure there would be no conflict. • Carol Wheatley – Celene has her application and now that we have an At Large member position open, she could fill that. • Hampstead – Lauren knows someone and will reach out as well as discuss with Sarah Allen of the Old Hampstead School Senior Apartments. Leslie will update the flyer of openings and forward to Patty to have posted at the North Carroll Senior Center. • Family Member of Disabled – Still open.
<p>Approval of Minutes – Hermine Saunders</p>	<p>Hermine Saunders requested approval of the February 2017 minutes as submitted. Ed Leister motioned 1st and Bob Coen 2nd for approval. All were in favor to approve as submitted.</p>
<p>Staff Presentation- Gail Edwards</p>	<p><u>Bureau of Aging & Disabilities, Gail Edwards</u> – Gail presented a flyer on Carroll County's Public Guardianship Program (attached) in addition to handing out a book entitled "Guardianship and Its Alternatives: A Handbook on Maryland Law." It was very informative to the COAD and Gail was commended by members on the great work that she has done since the inception of the program in 1988. Rebecca Claycomb will be taking over as Gail is retiring May 11, 2017.</p>

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<p>New Business – Hermine Saunders</p>	<p><u>Liaison role to BOAD program staff, Hermine Saunders</u> – Hermine recommended that this discussion take place after all BOAD program staff having presented and discussed their programs and roles. Everyone agreed.</p> <p><u>Expo 2017, Hermine Saunders</u> –</p> <ul style="list-style-type: none"> • A sign-up sheet for Tuesday set-up and the manning of the booth during the Expo was sent around. Art, Larry and Gail will be setting up on Tuesday and Bob, Hermine, Art, Larry and Gail will take turns manning the booth on Wednesday. • Leslie will be email all COAD members about their contact information for business cards and then will make 20-25 for each member. • Larry was able to acquire many Chick-fila coupons for handing out at the Expo. It was agreed that the coupons would be given to those who complete the survey. Celene will make sure than she has many hard copies of the survey on hand. Larry will send a thank you letter to Chick-fila from COAD. • Larry will be getting 2 large boxes of bananas to hand out also. • Leslie reported that we currently have 900 magnifiers on hand and the price to order jar openers runs about 50 cents each. It was agreed that we will include a label on the back of the magnifier with the survey link and hand out the magnifiers that we have. • Diane Martin and her students will have to rely on the Shipley Arena’s Wi-Fi during the Expo. <p><u>Carroll County Bicycle-Pedestrian Master Plan, Nokomis Ford, Carroll County Department of Planning</u> – Nokomis notified COAD of a Citizen Outreach Meeting that will be taking place on Tuesday, March 21st, where citizens have an opportunity to comment on the Bike/Ped Plan. A survey that was conducted showed 822 responses of interest in the plan. In addition to the Citizen Outreach Meeting, members of the community can submit comments online. The Master Plan is trying to bring together Rec & Parks, Tourism projects, State of Maryland projects as well as local towns, so that everyone is working together and on the same page in promoting bicycle and pedestrian paths and lanes as well as those that could be utilized by motorized wheelchairs. COAD was asked to look at their areas and offer suggestions. A successful Bike/Ped Plan comes from the community, as they will be using them.</p>
<p>Bureau of Aging & Disabilities – Celene Steckel</p>	<p><u>Update, Gina Valentine</u> –</p> <ul style="list-style-type: none"> • SHIP: An application to apply for the grant has been approved. The grant runs from April 1st to March 31st. 2,000 were served this year by 1 full time staff and 8 volunteers. • Federal Financial: Gina has been tracking coding by staff so that BOAD is properly and fully reimbursed. • Expo Volunteers: Gina is seeking volunteers to assist BOAD and the Committee the day of the Expo. The busiest time of the day is 10:30am – 1pm. • Veterans: The program is working on updating their brochure for the Expo. They have also ordered giveaways. The Veterans Advisory Council has created car magnets and will be handing them out. Since the inception of the

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Veteran Services Program, \$4.9 million in pension and compensation claims have been awarded. Recently, 2 appeal claims were awarded retroactively, \$95,000 and \$69,000.

- Information & Assistance: I&A have been working hard helping with Renters Assistance applications.

Update, Patty Whitson –

- Volunteer Recognition in April
- Older Americans Month in May with a lunch on May 31st
- Law Day, May 1st, 12 lawyers volunteer to come to the centers to help with questions and Advance Directives.
- AARP Older Driver Safety Classes
- Relay for Life is visiting the centers and sharing their fundraising activities around the County.
- Stroke Awareness Month in May and Carroll Hospital is speaking at the senior centers.
- Breast Screening for Older Women – doctors are donating their time and visiting 2 centers to perform free screenings. Patty is hoping to have all the centers visited.
- Maryland Relay is visiting to discuss the new phone system.
- Koons Toyota has donated \$10,000 again for physical activity classes. Patty reported that Carroll County offers the most physical activity classes than any other Maryland county.
- Senior Center Activity Fund Grant - \$12,432 is available and BOAD is applying to the Commissioners tomorrow for an evidence-based program “Better Balance.” They are also looking to partner with the Y for this program.
- Competitive Grant – The Westminster Senior Center has run out of room in their dining area and would like to move the coffee bar to the library area within the dining room. The cost is \$23,500 and would allow the addition of 2 extra tables, serving 16 additional seniors.
- There is also a project to enclose the porch around the dining room and create a connection to the multi-purpose room of the Westminster Senior Center that will cost about \$500,000. They have presented to the Commissioners the last 3 years and have been denied but they will continue each year until approved.
- The senior centers have great trips planned, including overnight stays as well as day trips.

Senior Inclusion Program, Rich Ottone –

- Clients – SIP is currently at 25 with a new client to begin in April. A waiting list has been started.
- Staff – New Instruction & Events Coordinator, Tiffany Warner, has started and is doing well. Stephanie Mizansky’s last day is tomorrow, leaving a vacancy for a part-time 18 hours/week Aide.
- Bathroom remodeling project began this week. They are combining 2 shower stalls into a handicap accessible bathroom with 1 shower stall. They are working at night and on the weekends.
- Licensing Package – Rich is finishing the OHCQ licensing package and has been advised that they are running 6-12 months behind in issuing licenses.

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<p>Area Reports – COAD Members</p>	<p><u>Bob Coen, Adults with Disabilities</u> – Bob reported that Carroll County is the 3rd healthiest county in Maryland. Everyone agreed that it is because we are quite active.</p> <p><u>Hermine Saunders, Westminster, Chair</u> – Hermine wanted to know if BOAD holds any Centenarian events anymore. The State of Maryland used to but not anymore. Patty will look into, but there is no funding for such an event, unless the Commissioners provide for it.</p> <p><u>Ed Leister, Westminster</u> – Jeff Collins was just honored by the Commissioners for his work in the Veteran Services Program and a letter he received from President Barack Obama. Ed would like to have Jeff visit COAD and be recognized by the COAD members. Ed is really impressed with what Jeff has been able to accomplish. Gina agreed that he laid the groundwork for the program as the first staff member. Currently there are 4 staff working in the Program and follow a lot of what Jeff set-up. Gina will reach out to Jeff and report back.</p>
<p>Educational Programs offered through the COAD on Aging & Disability Issues – Celene Steckel</p>	<p><u>Upcoming Staff Presentations</u></p> <ul style="list-style-type: none"> • May, 2017 – Long Term Care Ombudsman Program
<p>Next Meeting Date</p>	<p>The next meeting date is Wednesday, May 10, 2017 at 10:00 am at the Westminster Senior Center – Multipurpose Room</p>