

Carroll County Commission on Aging & Disabilities Meeting

Meeting Date: March 23, 2022

Start Time: 10:00am

Location: Virtual on GoToMeeting Platform

Chairperson: Jim McCarron

Vice-Chair: Carol Wheatley

Topic	Discussion
Attendance – COAD members in bold	Dan Andersen , Amy Baker, Dan Bowler , Larry Burbank, Jeff Degitz, Patricia Dodd , Doc Doxzen , Dave Hall, Lauren Hickey , Brian Keseling , Bobbie Lawrence, Diann Linton , Rich Ottone, Commissioner Rothstein, Celene Steckel, Cheryl Steinbacher , Leslie Wagner, Carol Wheatley , Lou Yeager
Acronyms	AAA - Area Agency on Aging, ADA - American’s w/Disabilities Act, ADL - Activities of Daily Living, AIP – Aging in Place, BCC – Board of County Commissioners, BOAD - Bureau of Aging and Disabilities, COAD – Commission on Aging and Disabilities, CDSMP – Chronic Disease Self-Management Program, CTS – Carroll Transit System, CIL - Center for Independent Living, DSS – Department of Social Services, FFP – Federal Financial Participation, HSP – Human Services Programs of Carroll County, LTAC – Long Term Advisory Council, LTCOP - Long Term Care Ombudsman Program, M4A - Maryland Association of Area Agencies on Aging, MAP - Maryland Access Point, MASCC – Mt. Airy Senior & Community Center, MDH - Maryland Department of Health, MDoA – Maryland Department of Aging, MFP -Money Follows the Person, MOU – Memorandum of Understanding, MWOA - Medicaid Waiver for Older Adults, NCSCC – North Carroll Senior & Community Center, NED - Non-Elderly Disabled, NFCSP - National Family Caregiver Support Program, OAA - Older Americans Act, OHQC - Office of Health Care Quality, SALS - Senior Assisted Living Subsidy program, SCSCC – South Carroll Senior & Community Center, SHIP - State Health Insurance Assistance Program, SIP - Senior Inclusion Program, SMP - Senior Medicare Patrol, SPDAP - Senior Prescription Drug Assistance Program, TSCC – Taneytown Senior & Community Center, VTV – Village to Village, WEAAD – World Elder Abuse Awareness Day, WSCC – Westminster Senior & Community Center.
Call to Order/Introductions – Carol Wheatley	Carol Wheatley, Vice-Chair, called the meeting to order and welcomed everyone.
Establishment of a Quorum – Carol Wheatley	A quorum was established with nine members present.
Approval of Minutes – Carol Wheatley	Carol requested approval of the January 2022 minutes as submitted and asked that her area report on page 5 be revised to include that the Health Department provided information on COVID-19 and vaccinations. Brian Keseling made a motion to approve with Carol Wheatley’s revision. It was seconded by Diann Linton. With a vote, all were in favor to approve with Carol Wheatley’s revision.

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<p>Commissioner's Comments – Commissioner Ed Rothstein</p>	<ul style="list-style-type: none"> • Recently held a Town Hall Meeting at South Carroll Senior & Community Center. Was impressed with the number of people utilizing the senior centers. • He will be attending the 50th Anniversary Celebration. • There will be a Veterans Celebration on May 15th at the Farm Museum. This is a family friendly event with static displays and lots of information. Please share. • He continues to highlight the work and importance of this commission. • He recently gave a proclamation to a girl scout for a food pantry built at Eldersburg Library. She partnered with a church and the pantry stays open and unlocked. This is a great model to have at libraries and/or senior centers. Carol Wheatley agreed, and it was decided that COAD members can research current pantries in their communities and report back to discuss ways to partner with the pantries. Dave Hall mentioned having something like this at Carroll Lutheran Village and he will approach management regarding a pantry.
<p>Bureau of Aging & Disabilities</p>	<p><u>BOAD 50th Anniversary Celebration – Celene Steckel</u></p> <ul style="list-style-type: none"> • We will hold a 50th Anniversary celebration on April 27, 2022, outside at Westminster Senior & Community Center and BOAD. • We will highlight services offered. • Tagline is Aging Timelessly. • 10am to 2pm with food trucks, Walk Carroll, line dancing, exercise classes, giveaways, tours, COVID vaccine and booster clinic. • We will also be launching the AARP Age-Friendly community initiative. <p><u>Senior Centers Update – Rich Ottone</u></p> <ul style="list-style-type: none"> • Open and operating full time – Monday-Friday – 8am to 4pm – attendance is slowly increasing, however still not at the level of pre-pandemic attendance. • Attendees are encouraged to mask if they have underlying health conditions. • Grab and go meals at all five centers in addition to congregate meals. Number of people who are utilizing Grab and Go has declined as more are choosing to eat in person. They will continue to provide Grab and Go as long as they can. • Home Delivered Meals continues to be provided by Meals on Wheels. They are looking to offer a breakfast

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option.

- They are working with local restaurants and food trucks for events during Spring and Summer.
- Using the Restaurant Initiative Funds they have Bellissimo's delivering meals twice a week at Tremont and that is going well. Molli's Café will start providing meals at Sunnybrook and Mom's Meals will begin delivering meals to Timber Ridge.
- COVID Vaccination clinics are taking place at Westminster Senior & Community center 3:30 to 6:30pm on Monday and Friday. This is a walk-in clinic. All the different vaccinations and boosters are available. In April the clinic will change to once a week.
- They are working with the Healthy Aging Leadership Team to provide screening sessions at the senior centers. Currently scheduled is Westminster for May 3rd, South Carroll for May 10th and North Carroll for May 11th. Mt. Airy and Taneytown will be scheduled soon.
- Planning has begun for Farmer's Market Vouchers and Flu Shot clinic in the fall.
- Senior Inclusion Program is offering full services five days a week. They have one vacancy that will be filled shortly. DDA did a site visit which went well.

Program Updates – Bobbie Lawrence

- BOAD is fully operational with in-person appointments available We accept walk-ins, but appointments are preferred so we can ensure staff are available to assist individuals seeking services. Masks are optional.
- Debbie Frame who recently retired has been volunteering. Nicole Ranoull is now the MAP Information & Assistance Supervisor. Kristen Harvey has taken the State Health Insurance Assistance Program Coordinator position. We are interviewing for the part time Waiver Specialist position. Just finished interviewing for Guardianship and have made a selection. The Vaccination Outreach position is still open.
- Caregivers program is still offering the monthly support groups in person. They are coordinating with Carroll Community College to offer the Hands-on Skills for Caregivers classes this summer. These provide education on basic daily care, falls prevention and safety, and health monitoring.
- The Veterans program has been very busy and has recently housed four Veterans. One with a Mainstream voucher and three with HUD VASH. They have been receiving referrals through partner agencies. Recently the Catholic War Veterans organization placed donation boxes in their churches and have received a large

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	<p>response with many items. If you know of a family or organization in need of supplies let Bobbie know. The VSO's have been busy as well. To date, since inception in 2013, the program has been able to recoup \$45 million in pension and compensation for local Veterans.</p> <ul style="list-style-type: none"> • Information and Assistance has been busy visiting local senior housing communities and providing renters tax credit outreach. • The Transition to Medicare classes are still being held virtually monthly and they are well attended. The SHIP program is working with Carroll County Public Library for possible in-person classes. • The part time MAP Coordinator of Case Management, Julie McGraw started last week. She will be assisting with case management of clients that are not served by BOAD programs. There has been an increase in older adults experiencing homelessness and with special needs in the community. Much collaboration with HSP and the Health Department. <p><u>World Elder Abuse Awareness Day Events – Leslie Wagner</u></p> <ul style="list-style-type: none"> • Showing of the documentary “Last Will and Embezzlement” as well as tips and tools on how to prevent becoming a victim of financial exploitation, fraud, and scams. • In partnership with Long Term Care Ombudsman, Adult Protective Services, and the Carroll County’s State’s Attorney’s Office. • Catered Lunch at centers with reservation. • Shredding event in partnership with Senior Medicare Patrol. • June 7th at Westminster, June 9th at South Carroll, June 16th at Taneytown. Documentary at 10:30am, Lunch at 12pm, Discussion at 12:15pm and shredding at 1pm. • June 14th at North Carroll, June 15th at Mt. Airy. Shredding at 9am, Lunch at 12pm, Documentary at 12:15pm and Discussion at 1:45pm.
<p>Old Business</p>	<p><u>Currently COAD Openings</u> – Veterans and Finksburg. We are following up with two interested in the Veterans representation, but no applications have been received for Finksburg.</p> <p><u>AARP Age Friendly Community Initiative Update</u></p> <ul style="list-style-type: none"> • We are launching the initiative at the 50th Anniversary Celebration. This has been a long time in the making, especially with the work of the Carroll Together sub-committee.

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	<ul style="list-style-type: none"> • The BOCC has approved a letter of commitment and an application has been submitted to AARP. • Preliminary work on the Request for Proposal to hire a consultant to facilitate the process, which requires daily attention. They hope to have complete and will enter the formal procurement process in April. This consultant will conduct community needs assessments, town hall meetings, and listening sessions with key focus groups. They will then develop an action plan that will be worked on for 3-5 years. They will work with the community to see which of the eight domains are realistic for Carroll County.
<p>New Business – JimMcCarron</p>	<p><u>Rec & Parks Update – Jeff Degitz</u></p> <ul style="list-style-type: none"> • Commissioners are in the budget process now. Rec & parks are in the capital budget process for next year for local communities. They have placed on their website and are open for ideas and suggestions. • Walk in the Park program is a partnership with the Partnership for a Healthier Carroll County and Walk Carroll. It is a series of monthly walk rotating around county parks. • Annual Therapeutic Recreation Day is June 14th from 11am to 2pm at the Farm Museum. There will be food, music, line dancing, games and a lot of fun. More information can be found on their website. • The Partnership for a Healthier Carroll County applied for a grant to provide exercise equipment for adults in the Leister Park in Hampstead. It was not successful. They are looking for other grant opportunities. <p><u>Veterans Celebration – Bobbie Lawrence</u></p> <p>There will be an Inaugural Veterans Celebration on Sunday, May 15th from 12pm to 4pm at the Farm Museum. There will be live entertainment, local VSOs in attendance, artisans, food trucks, children’s activities, military equipment display and more. Visit the dedicated website at https://carrollcountymd.gov/veteranscelebration.</p> <p><u>VA Claims & Benefits Clinic – Bobbie Lawrence</u></p> <p>Will take place on June 7th at the South Carroll Senior & Community Center from 9am to 3pm. They are coordinating with the Maryland VA, VA Healthcare, VSO’s, Veterans Cemetery, and more. There will be short seminars to educate and resources for female veterans. Parking and food are being coordinated. Registration will be required.</p> <p><u>Future Meeting Logistics</u></p> <p>Discussion and voting. Either virtual or in-person. No hybrid format will be available. Majority chose virtual. This will be revisited in a few months.</p> <p><u>Durable Medical Equipment – Dave Hall</u></p> <p>There are twelve drop points in Maryland, but Carroll County is not one of them. Celene noted that MDoA looked at</p>

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	<p>southern Carroll County several years ago, but it wasn't developed as a location. Some counties use landfills as a drop off location, enlisting other senior facilities as they are a source of this type of equipment. Possibly using Freedom Lions Club as partner. Maybe senior centers could provide DME repair clinics. Dave could provide the manuals. Discussion regarding Medicare and Medicaid spending, instead maybe develop a loaner program.</p> <p><u>Seniors on the Go Expo</u></p> <p>There will be no expo in 2022. The 50th Anniversary Celebration replaced the event.</p> <p><u>Aging & Disabilities Resource Guide – Leslie Wagner</u></p> <p>The guide has been updated and will be in the Carroll County Times on Sunday, April 24th. Copies can be picked up at BOAD.</p>
<p>Area Reports – COADMmembers</p>	<p><u>Carol Wheatley – Westminster</u></p> <p>Frederick is hosting the World of Possibilities, a disabilities expo. Website is worldofpossibilities.org. Library has tickets. Event is April 9th from 11am to 3pm. The Commission on Disabilities meets annually in January.</p> <p><u>Diann Linton – Mt. Airy</u></p> <p>Mt. Airy Site Council donated \$2,000 to a local food pantry. She will be attending the Mt. Airy Farmer's Market and will hand out Resource Guides.</p> <p><u>Lauren Hickey, Union Bridge/New Windsor</u></p> <p>The New Windsor Mayor resigned. The Council is discussing who will be in that role moving forward. NW/UB has a large food pantry with St. Paul's church, and they are open every Wednesday with fresh and canned foods. Elmer Wolfe Elementary also has a food pantry.</p> <p><u>Dan Andersen, At-Large</u></p> <p>The town of Sykesville received an AARP grant for beautification and Accessibility.</p> <p><u>Brian Keseling, Adult with Disabilities</u></p> <p>Federal Emergency Broadband benefits are being revised this month, which will open restrictions.</p>
<p>Public Comment</p>	<p><u>Lou Yeager of Catastrophic Health Planners</u></p> <p>Developed a service dog travel certification program. He is currently working with Southwest Airlines on a pilot program. They have a trainer on staff.</p> <p><u>Amy Baker, Carroll County Health Department</u></p> <p>Carroll County Health Department is fully open. The lobby remains locked due to construction. You can call the</p>

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	<p>posted number and front desk staff will let you in. They are working on updating the Behavioral Health Directory housed on the Partnership for a Healthier Carroll County's website. If you need a paper copy, see Amy. In addition, anyone having difficulty accessing services, please call their service coordinator Stephen Nguyen at 410-876-4449. If you are interested in joining Culture and Linguistic Appropriate Services and Health Equity group, please see Amy. The group works on information on how services can be provided more welcoming and with an awareness of the diverse populations in the community. They will be sending out a community survey next month, social media campaign and reaching out to work with the deaf community.</p>
Next Meeting Date	Next meeting is Wednesday, May 25, 2022, at 10am. Virtual meeting information will be provided prior to then.