

## Carroll County Commission on Aging & Disabilities Meeting

Meeting Date: November 4, 2020

Start Time: 10:00 am

Location: Virtual Meeting on GoToMeeting Platform

Chairperson: Jim McCarron

Vice-Chair: Dan Andersen

| Topic   | Discussion   |
|---|--|
| <b>Attendance</b>                                 | <b>Dan Andersen, Dan Bowler, Larry Burbank, Jeff Degitz, Doc Doxzen, Art Frotton, Gail Gannon, Lauren Hickey, Brian Keseling, Bobbie Lawrence, Diann Linton, Jim McCarron, Janine Mobley, Rich Ottone, Claire Payne, Commissioner Ed Rothstein, Cheryl Steinbacher, Leslie Wagner, Carol Wheatley, Lou Yeager, Marisa Zaccagnini</b>   |
| <b>Acronyms</b>                                   | <b>AAA</b> - Area Agency on Aging, <b>ADA</b> - American's w/Disabilities Act, <b>ADL</b> - Activities of Daily Living, <b>AIP</b> – Aging in Place, <b>BCC</b> – Board of County Commissioners, <b>BOAD</b> - Bureau of Aging and Disabilities, <b>COAD</b> – Commission on Aging and Disabilities, <b>CDSMP</b> – Chronic Disease Self-Management Program, <b>CTS</b> – Carroll Transit System, <b>CIL</b> - Center for Independent Living, <b>DSS</b> – Department of Social Services, <b>FFP</b> – Federal Financial Participation, <b>HSP</b> – Human Services Programs of Carroll County, <b>LTAC</b> – Long Term Advisory Council, <b>LTCOP</b> - Long Term Care Ombudsman Program, <b>M4A</b> - Maryland Association of Area Agencies on Aging, <b>MAP</b> - Maryland Access Point, <b>MASCC</b> – Mt. Airy Senior & Community Center, <b>MDH</b> - Maryland Department of Health, <b>MDoA</b> – Maryland Department of Aging, <b>MFP</b> -Money Follows the Person, <b>MOU</b> – Memorandum of Understanding, <b>MWOA</b> - Medicaid Waiver for Older Adults, <b>NCSCC</b> – North Carroll Senior & Community Center, <b>NED</b> - Non-Elderly Disabled, <b>NFCSP</b> - National Family Caregiver Support Program, <b>OAA</b> - Older Americans Act, <b>OHCQ</b> - Office of Health Care Quality, <b>SALS</b> - Senior Assisted Living Subsidy program, <b>SCSCC</b> – South Carroll Senior & Community Center, <b>SHIP</b> - State Health Insurance Assistance Program, <b>SIP</b> - Senior Inclusion Program, <b>SMP</b> - Senior Medicare Patrol, <b>SPDAP</b> - Senior Prescription Drug Assistance Program, <b>TSCC</b> – Taneytown Senior & Community Center, <b>VTV</b> – Village to Village, <b>WEAAD</b> – World Elder Abuse Awareness Day, <b>WSCC</b> – Westminster Senior & Community Center. |
| <b>Call to Order/Introductions</b> - Jim McCarron | Jim McCarron called the meeting to order and welcomed everyone.  |
| <b>Establishment of a Quorum</b> – Jim McCarron   | A quorum was established with eleven members present.  |
| <b>Approval of Minutes</b> – Jim McCarron         | Jim requested approval of the September 2020 minutes as submitted. Lauren Hickey motioned 1 <sup>st</sup> and Carol Wheatley 2 <sup>nd</sup> for approval. All were in favor to approve as submitted.  |
| <b>Commissioner's Comments</b> –                  | Make sure to get your flu shot. Continue to wear your masks and practice social distancing. Governor Hogan has extended the State of Emergency for another thirty days. The Aging & Disabilities Resource Guide looks great and  |

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| <p>Commissioner Ed Rothstein</p>   | <p>has a lot of useful information. He is interested in creating a guide of locations that accept donations for those older adults who are downsizing. Budget season begins in a few months. Currently they are about \$1.4 million under budget. Carroll County has provided small businesses and restaurants almost \$1 million in relief. Carroll County received \$29 million from the state to share with the health department. There has been good fiscal management from the county and as a community we will rebound. By not providing landfill coupons they were able to keep \$400,000 and use in other areas of the budget. They did provide money that they were obligated to provide but were able to hold off on discretionary spending. He asked Marisa to look into whether there is a flu shot shortage in Carroll County. Regarding zoning question of alternative housing options to keep families in Carroll County. There is a review process for residential rezoning requests. Definitions are reviewed for clarity and for a better understanding. Meetings are open to the community. Even though they are virtual anyone can make comments.</p>  |
| <p><b>Bureau of Aging &amp; Disabilities</b> – Rich Ottone and Bobbie Lawrence</p> | <ul style="list-style-type: none"> <li>• Senior Center staff are distributing <u>grab and go meals</u>. Westminster Senior and Community Center distributes several days a week and they can see their clients to determine how they are doing. The centers will provide a Veterans Day grab and go with patriotic masks. They will also distribute over 200 Thanksgiving grab and go meals at all five centers.</li> <li>• <u>Daughter's Café in Hampstead</u> is providing meals three times a week at the Residences at the Hampstead School. This is funded through the MDoA as a restaurant initiative geared to assisting local restaurants during the pandemic.</li> <li>• Next week will be <u>Mom's Meals</u> final week at providing frozen meals at Westminster Overlook apartments. They have distributed over 3,000 meals since end of July.</li> <li>• Since July the senior centers have been providing <u>virtual fitness classes</u>. They have served between 160-165 people and provided 250 sessions.</li> <li>• <u>Drive and Go Flu Shot Clinic</u> provided over 200 shots.</li> <li>• No word from the Governor regarding <u>reopening the senior centers</u> but they have begun planning for that occurrence. When they do reopen there will be restrictions in place. They have already begun creatively looking at their programming and developing a hybrid plan for classes.</li> <li>• <u>SIP funding</u> had been reduced at the start of the pandemic due to being closed. Since July they have been able to provide 1,100 individual sessions. Since September they have welcomed three new clients.</li> </ul> |

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|   | <ul style="list-style-type: none"> <li>• <u>Senior Assisted Living Subsidy</u> has increased their funding to \$1,000/month. Asset and income limits have also increased. Two new facilities will be added to participating locations once all the paperwork is signed. Their audit went well.</li> <li>• Staff has contacted clients from <u>Senior Care</u> via telephone. They have been able to move some clients from the waiting list.</li> <li>• Extra funding has been provided to the <u>Caregiver program</u> via the CARES Act. This has been used to provide smart TV's, Chrome books, technology items, groceries and childcare costs. Mary Jane Overby, the Caregiver Program Coordinator, has been trained to lead Powerful Tools of Caregivers. A virtual series has been scheduled for January 2021.</li> <li>• Medicare Part D Open Enrollment is underway and has been going smoothly. They are providing telephone appointment and one volunteer comes into BOAD once a week to answer calls. <u>State Health Insurance Assistance Program</u> is also conducting virtual Medicare 101 and 102 workshops in partnership with Carroll County Public Library.</li> <li>• <u>Medicaid Waiver</u> and <u>Veteran Services Program</u> staff continue to meet with clients and provide services.</li> <li>• If you would like copies of the <u>Aging &amp; Disabilities Resource Guide</u> let Leslie know. In addition, the guide can be found on the BOAD webpage. Any ideas for information or improvement please see Leslie.</li> </ul> |
| <p><b>Old Business</b> – Jim McCarron</p> | <p><u>2020 Census Update – Leslie Wagner.</u> Carroll County's Census goal was to reach a response rate at or better than our 2010 response rate, even during a pandemic. Our 2010 response rate was 83%. As of October 13, 2020, Carroll County has a self-response rate of 81.5%. This does not include counts that enumerators have done nor the group quarters. This percentage keeps us as the top county in Maryland as well as 24<sup>th</sup> in the United States out of over 3,100 counties!</p>   |
| <p><b>New Business</b> – Jim McCarron</p> | <p><u>Election of 2021 Chair and Vice-Chair – Leslie Wagner.</u> All members attending were forwarded a live link for an online ballot. After voting, Jim McCarron was elected as Chair and Carol Wheatley as Vice-Chair. These appointments will begin January 1, 2021.</p> <p><u>Rec &amp; Parks Update – Jeff Degitz</u></p> <ul style="list-style-type: none"> <li>• Their Advisory Board is updating their Strategic Plan, which happens every three years. Please complete and forward the survey.</li> </ul>  |

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|   | <ul style="list-style-type: none"> <li>• Piney Run holds a yearlong Biggest Fish Contest for a prize of \$1,000. The current leader caught a 35-inch striped bass last month. Dan Bowler remarked that Carroll County’s park system has been a huge blessing for those with intellectual disabilities during the pandemic.</li> </ul> <p><u>Open Commission Positions – Leslie Wagner.</u> Current open positions include an adult with a disability or a representative of adult with a disability and an individual with intellectual disability. Larry Burbank’s final term ends on December 31<sup>st</sup> so effective January 1, 2021 the position representing Veterans will be open. Larry is to be commended for serving on the COAD for 12 years – six as a representative of Manchester and six as a representative of Veterans.</p> <p><u>Additional By-Law Revisions – Leslie Wagner.</u> Article IV (Appointment and Terms of Members) Section 4 was revised to remove language that would have all terms begin on January 1, staggered so that five members’ terms end every year and the inclusion of the current roster as Exhibit A. Per the By-Laws, an affirmative vote of three-quarter of the voting membership is needed to make changes to the By-Laws. With 11 voting members present and the vote was unanimous, this was accomplished.</p> <p><u>Cancellation of the Holiday Party – Leslie Wagner.</u> Due to current restrictions on gatherings and the need for social distancing, the annual holiday party will be cancelled. Please look out for a special holiday gift from the Bureau of Aging &amp; Disabilities.</p> <p><u>COAD Brochures – Leslie Wagner.</u> The brochure has been updated. Let Leslie know how many copies you would like mailed to you.</p> |
| <p><b>Area Reports – COAD Members</b></p> | <p><u>New Windsor/Union Bridge – Lauren Hickey.</u> Water bills have increased again. On average a single person household could expect to pay between \$350-\$400 quarterly for water. This is a financial burden for those on a fixed income.</p> <p><u>Family Representative – Dan Bowler.</u> If you have creative ways or locations for staff and family to spend time in the community please email Dan. They are unable to use the Stoner location and have limited use of the Penn-Mar location.</p> <p><u>Manchester – Cheryl Steinbacher.</u> She was able to attend a meeting at Castlefield. They are anxiously awaiting the senior center opening. They are creating a welcome kit for new residents and would like to include the Aging &amp; Disabilities Resource Guide.</p>   |

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|                          | <p><u>Taneytown – Jim McCarron</u>. They also are anxiously awaiting the opening of the senior center. Taneytown residents are being socially distant.</p> <p><u>Questions –</u></p> <ul style="list-style-type: none"><li>• Once the COVID vaccine is approved how will it be distributed? Marisa will inquire at the health department. The Governor has begun writing a distribution plan and a task force has been created.</li></ul> |
| <b>Next Meeting Date</b> | <b>The next meeting date is Wednesday, January 27, 2021 at 10:00 a.m. Meeting information will be shared prior.</b>   |