

Carroll County Commission on Aging & Disabilities Meeting

Meeting Date: September 9, 2020

Start Time: 10:00 am

Location: Virtual Meeting on GoToMeeting Platform

Chairperson: Jim McCarron

Vice-Chair: Dan Andersen

Topic	Discussion
Attendance	Dan Andersen, Amy Baker, Dan Bowler, Jeff Degitz, Doc Doxzen, Art Frotton, Gail Gannon, Lauren Hickey, Diann Linton, Jim McCarron, Rich Ottone, Heather Robb, Commissioner Ed Rothstein, Celene Steckel, Leslie Wagner, Carol Wheatley, Lou Yeager, Marisa Zaccagnini
Acronyms	AAA - Area Agency on Aging, ADA - American's w/Disabilities Act, ADL - Activities of Daily Living, AIP – Aging in Place, BCC – Board of County Commissioners, BOAD - Bureau of Aging and Disabilities, COAD – Commission on Aging and Disabilities, CDSMP – Chronic Disease Self-Management Program, CTS – Carroll Transit System, CIL - Center for Independent Living, DSS – Department of Social Services, FFP – Federal Financial Participation, HSP – Human Services Programs of Carroll County, LTAC – Long Term Advisory Council, LTCOP - Long Term Care Ombudsman Program, M4A - Maryland Association of Area Agencies on Aging, MAP - Maryland Access Point, MASCC – Mt. Airy Senior & Community Center, MDH - Maryland Department of Health, MDoA – Maryland Department of Aging, MFP -Money Follows the Person, MOU – Memorandum of Understanding, MWOA - Medicaid Waiver for Older Adults, NCSCC – North Carroll Senior & Community Center, NED - Non-Elderly Disabled, NFCSP - National Family Caregiver Support Program, OAA - Older Americans Act, OHCQ - Office of Health Care Quality, SALS - Senior Assisted Living Subsidy program, SCSCC – South Carroll Senior & Community Center, SHIP - State Health Insurance Assistance Program, SIP - Senior Inclusion Program, SMP - Senior Medicare Patrol, SPDAP - Senior Prescription Drug Assistance Program, TSCC – Taneytown Senior & Community Center, VTV – Village to Village, WEAAD – World Elder Abuse Awareness Day, WSCC – Westminster Senior & Community Center.
Call to Order/Introductions - Jim McCarron	Jim McCarron called the meeting to order. Celene Steckel and Jim welcomed everyone, and introductions were made.
Establishment of a Quorum – Jim McCarron	A quorum was established with ten members present.
Approval of Minutes – Jim McCarron	Jim requested approval of the July 2020 minutes as submitted. Doc Doxzen motioned 1 st and Dan Bowler 2 nd for approval. All were in favor to approve as submitted.
Commissioner's Comments –	Everyone should have received a 2020 Election postcard in the mail. This has very important information. Make sure to read it. There are not as many locations to vote as in previous years. Early voting will be at Westminster Senior &

Carroll County Commission on Aging & Disabilities Meeting

Meeting Date: September 9, 2020

Start Time: 10:00 am

Location: Virtual Meeting on GoToMeeting Platform

Chairperson: Jim McCarron

Vice-Chair: Dan Andersen

<p>Commissioner Ed Rothstein</p>	<p>Community Center as well as the South Carroll Swim Club. In addition to early voting, both locations will also be polling sites on Election Day. Regular locations may not be open so please check your mailer. Leslie Wagner will send information to the distribution list.</p>
<p>Bureau of Aging & Disabilities – Celene Steckel</p>	<ul style="list-style-type: none"> • The senior centers have been offering virtual exercise programming with very successful outcomes. • In July, 140 Farmer’s Market vouchers were distributed through a drive-up, no-touch event. • Medicare Open Enrollment will take place October 17 – December 7 via telephone appointments. They will conduct in person appointments for those that need computer assistance. Nicole Ranoull has been working with the library to present Medicare 101 and 102 workshops virtually. • Drive-thru Flu Clinics in partnership with Finksburg Pharmacy at all five senior and community centers. Tentatively scheduled for October 5-9, 2020. • Currently compiling information to be in the annual Aging & Resource Guide. This edition will have a special section on veteran resources. • Kramer Insurance and SPIN have made donations that will be used for our emergency medication and transportation fund.
<p>Old Business – Jim McCarron</p>	<p><u>COVID-19 Update – Celene Steckel</u></p> <ul style="list-style-type: none"> • BOAD’s Current Operations – <ul style="list-style-type: none"> ○ In person appointments only for those with essential needs. Telephone contact is encouraged. Anyone entering the building will be subject to wellness screenings and a temperature check. ○ Case Management is still being provided via telephone contact. Outdoor visits have been approved for assisted living facilities and community housing, with masks and social distancing. ○ Drop Box outside of BOAD and Bureau of Housing. • Senior Centers Reopening Status – They have submitted a plan to the State. Once open they will not be at full capacity due to social distancing and limited activity offerings may be initially available. All participation will need to be scheduled. Centers’ operating hours will be staggered so more staff can be on hand in each center while open. Meals will most likely be provided as grab and go. They have been working with CTS on transportation models, so no client is left stranded at a center if unable to pass the Center’s Wellness Screening upon arrival. They are also looking into providing a hybrid model of in person and virtual offerings

Carroll County Commission on Aging & Disabilities Meeting

Meeting Date: September 9, 2020

Start Time: 10:00 am

Location: Virtual Meeting on GoToMeeting Platform

Chairperson: Jim McCarron

Vice-Chair: Dan Andersen

	<p>to those unable or unwilling to attend the center. Doc inquired as to how Site Councils can assist with meeting some of the reopening challenges and communicating changes to members and their concerns to management.</p> <ul style="list-style-type: none"> • Food Resources – COAD (Communities Organizations Active in Disaster) is operating in Eldersburg. They coordinate and supply food for pop up pantries around the county. Please contribute, volunteer and spread the word. <p><u>Area Plan Update</u> – The updates to the Area Plan were submitted and we have received final approval by MDoA.</p> <p><u>2020 Census Update</u> – Twenty-one days left as the census ends on 9/30/2020. Carroll County is doing well with a response rate of 80.9% (2010 – 83%). In the historically undercounted areas of Union Bridge and New Windsor there have been outreach events. On Sunday, September 13 from 1-3pm there will be an Ice Cream Outreach at Dutterer Park in Westminster geared towards the Latino population, which has also been a historically undercounted group in past Census counts. On September 23 a census enumerator will be counting the homeless individuals in encampments and soup kitchens in Carroll County.</p> <p><u>Staffing Update</u> – Vacant positions include Aging & Disabilities Supervisor, Program Coordinator (Veterans Services Program – Jim Hillman retired), Coordinator of Case Management Services (Veteran Services Program), part-time Guardianship Coordinator, Accounts Technician (Barb Bingham retired).</p>
<p>New Business – Jim McCarron</p>	<p><u>Change of Meeting Date/Revision of By-Laws</u> – Draft revisions to the by-laws were sent to commission members yesterday. Although the meeting will be scheduled for the 4th Wednesday of the month at 10am, the wording in the by-laws needs to be changed to something more generic so they do not have to go before the BCC every time there is a change in the regular schedule of meetings. While the Maryland Open Meetings Act requires that a “reasonable” amount of notice be given, the commission members voted to add that at least one week’s notice be added. A motion was made to forward to the commissioners with the addition and was passed unanimously.</p> <p><u>Rec & Parks Update – Jeff Degitz</u></p> <ul style="list-style-type: none"> • Deer Park is adding additional walking trails as well as a pedestrian connection to an adjacent community. The construction is ahead of schedule and should be completed soon. • The Nature centers have reopened on the weekends.

Carroll County Commission on Aging & Disabilities Meeting

Meeting Date: September 9, 2020

Start Time: 10:00 am

Location: Virtual Meeting on GoToMeeting Platform

Chairperson: Jim McCarron

Vice-Chair: Dan Andersen

	<ul style="list-style-type: none"> • The new Fall Programming Guide has been released and there will be a mixture of in person and online offerings. • Their Advisory Board is updating their Strategic Plan, which happens every three years and should be completed by end of October. They are looking for recommendations. <p><u>SIP Program</u> – They went before the BCC to make them aware of the loss in revenue during the pandemic. They will meet with them again in a few months and give an update and discuss their options. Due to the loss in revenue, they had to let go of three of their part-time aides. Staff are currently seeing clients virtually and conducting outdoor, socially distanced in person activities as well. In July 165 sessions were scheduled and completed, August 287, and in September they have had 343 sessions scheduled with many completed. Since DDA has begun processing applications, they were able to add two new clients with an additional one scheduled to begin end of September. This will bring them to their licensed capacity of 25 individuals.</p> <p><u>Home Delivered Meal Pilot</u> – CARES Act funding has been used to provide meal delivery to Westminster Overlook via Mom’s Meals. Currently 41 seniors are being served with over 215 meals every couple of weeks. CARES Act funding is also being used to start the same program at Residences at Hampstead School via Daughter’s Café. They anticipate first delivery to begin 9/14. This is good for local restaurant businesses.</p>
<p>Area Reports – COAD Members</p>	<p><u>Taneytown – Jim McCarron.</u> No report.</p> <p><u>Finksburg – Art Frotton.</u> Not a lot going on.</p> <p><u>Mt. Airy – Diann Linton.</u> She is always being asked about when the senior center will open. Mt. Airy will be hanging Hometown Heroes Banners, like many communities. Every Friday the National Anthem is played downtown. For 9/11 there will be ceremonies at Pine Grove Cemetery and downtown.</p> <p><u>New Windsor/Union Bridge – Lauren Hickey.</u> Water bills will be increasing in October and there are concerns due to the financial constraints placed on residents due to COVID-19. There is Utilities Assistance available through HSP and the County has begun an Eviction Prevention Program. Leslie will forward the flyer.</p> <p><u>Family Representative – Dan Bowler.</u> Things have gotten much better with DDA funding. Clients are able to get out into the community more often and have also begun receiving services.</p> <p><u>At-Large – Dan Andersen.</u> McDaniel College is cohosting the State of Aging “Virtual” Conference on 9/29. They are partnering with UMBC and the theme will be caring for people during COVID.</p>

Carroll County Commission on Aging & Disabilities Meeting

Meeting Date: September 9, 2020

Start Time: 10:00 am

Location: Virtual Meeting on GoToMeeting Platform

Chairperson: Jim McCarron

Vice-Chair: Dan Andersen

	<p><u>Eldersburg/Sykesville – Heather Robb.</u> Everyone is getting over their boredom and have begun walking in the community and offering neighborhood walking games.</p> <p><u>Manchester/Hampstead – Doc Doxzen.</u> Their Food Pantry is still well supplied and utilized.</p> <p><u>Announcements –</u></p> <ul style="list-style-type: none">• Amy Baker from the health department announced that Mental Health First Aid classes will resume next week. Leslie will forward the flyer. The class will be in person and participants will need to wear a mask and stay socially distant.• Amy Baker also asked that if anyone encounters someone suffering from depression to refer them to her or the health department. The pandemic has increased feelings of depression and anxiety.• Leslie will be forwarding everyone’s business cards via mail by the end of the week.• Nominations for 2021 Chair and Vice Chair will begin in October and voted on at the November meeting.• November’s meeting will be the first Wednesday (November 4th) due to Veterans Day.• The Department of Justice has released information regarding fraud aimed at the senior population with scammers claiming to be members of the Justice Department. Leslie will forward the released information.
Next Meeting Date	The next meeting date is Wednesday, November 4, 2020 at 10:00 a.m. Meeting information will be shared prior.