

ASSISTANCE PROGRAMS

Free and Reduced Meals (FaRM) Available at all Carroll County Public Schools. A government sponsored program that provides free or low-cost meals to children in school. To apply, complete a Household Meal Benefit Application for each school year and return it to your youngest child's school.

Food Supplement Program Apply at Carroll County Dept. of Social Services, 1232 Tech Ct, Westminster, 410-386-3300 or online at marylandsail.org. Need proof of identification, address, immigration status if you are not a U.S. citizen, household income, utility and medical bills, canceled checks for child care or bill, rent or mortgage, child support payment. Make less than 200% of the Federal Poverty Level. After submitting the application there will be an interview by a Family Investment Center representative. Thirty day turnaround for approval.

Women, Infant, and Children Program (WIC) Carroll County Health Department, 290 S. Center St, Westminster, 410-876-4898. No fees. Provides nutritious food to pregnant, breast-feeding, or postpartum women and their infants and children up to age five. Income at or below 185% of Federal Poverty Level.

(Check with your local schools to see if they have a food pantry)

Compiled by: Get Connected Family Resource Center a
Program of Mosaic Community Services
Last revised 4/5/2017

Food Resource Guide

Carroll County, Maryland

Helping
Families
Find Help



410-871-0008
866-664-0008

getconnectedcc.org

SOUP KITCHENS

A Meal and More - St. Paul's United Church of Christ 17 Bond St, Westminster, 410-848-5975. *Thu*, 12:00 - 1:00.

Ardent Folk - Grace Evangelical Lutheran Church 21 Carroll St, Westminster, 410-848-7020. *Thu*, 6:00 - 7:30 pm, worship, dinner, Bible study and fun.

Carpenter's Table, Taneytown Caring and Sharing Ministries St. Joseph Roman Catholic Church 44 Frederick St, Taneytown, 410-857-5733. *Thu*, 11:30. Serves Taneytown and northwest Carroll County. Handicap Accessible.

Faith Feast - St Johns Methodist Church 1205 N. Main St, Hampstead, 410-374-8777. *Fri*, 12:00 - 1:00.

Feed My Sheep - Wesley Freedom United Methodist Church 961 Johnsville Rd, Eldersburg, 410-795-2777. Serves primarily southern Carroll County. *Mon, Thu and Fri*, 12:00 - 1:00. info@wesleyfreedom.org

"His Table", St Paul's United Methodist Church 7538 Main St. Sykesville, MD. Free Bag Lunch program *Wed*. 11:00 (sponsored by ESAPE Ministries 410-549-7230)

Loaves and Fishes, Ascension Episcopal Church 23 N. Court St, Westminster, 410-848-3251. *Wed*, 12:00 - 12:45 (sponsored by St. John's Roman Catholic Church)

Loaves and Fishes, Westminster Church of the Brethren 1 Park Place, Westminster, 410-848-8090. Free/nominal charge. *Sat*, 12:00.

Loaves and Fishes, Westminster United Methodist Church 165 E. Main St, Westminster, 410-848-8325. Free/nominal charge. *Mon*, 12:00 - 1:00.

Shepherd's Table (Shepherd's Staff) Westminster United Methodist Church 165 E. Main St, Westminster, 410-848-8325. *Fri*, 12:00 - 1:00.

St. James Lutheran Church 14 So. Benedum St., Union Bridge. 410-861-5567. Last *Mon* of the month 5:00 - 6:00 pm.

Table of Grace, Grace Evangelical Lutheran Church 21 Carroll St, Westminster, 410-848-7020. *Tue*, 12:00 - 1:00. Hot meal and fellowship.

The Upper Room" 27 E. Main St. rear 2nd floor. Westminster. *Sun*, meal at 3:00 and service at 4:00 all are welcome. (Sponsored by Westminster Church of the Nazarene 410-857-1477)

FOOD PANTRIES

Carroll County Food Sunday Need official photo ID, proof of Carroll County residence, a Social Security Card for each member of the household. No financial questions. One visit per week.

Citizen Services Building, 10 Distillery Dr, Westminster, 410-857-7926. *Tue, Wed, Thu, Sat*, 10:00 - 11:15 and 1:00 - 2:15.

St. Joseph's Catholic Church, 44 Frederick St, Taneytown, 410-756-2500. *Thu*, 9:30 - 11:15 am.

St. Joseph's Catholic Church, Freedom Ave. and Liberty Rd, Eldersburg, 410-795-7838. *Wed*, 10:00 - 12:00.

Church of the Open Door 550 Baltimore Blvd, Westminster, 410-876-3838. Call with information on number of people in household and ages. Deliver on *Tue* and *Thu* evenings.

Deeds of Faith, Crosswinds Church

640 Lucabaugh Mill Rd, Westminster, 410-848-5537. *Mon*, 4:00 - 7:00, *Fri*, 10:00 - 12:00 and 2:30 - 4:30. No income or residency qualification. Requested donation of 30¢ per pound of food.

Food Locker - Carroll Community College 1601 Washington Rd, Westminster, 410-386-8500. For faculty, staff and students only. Must make an appointment.

Loaves and Fishes, Westminster Church of the Brethren 1 Park Place, Westminster, 410-848-8090. 2nd & 4th *Sat* of each month. Can pick 6 food items.

Morgan Chapel United Methodist Church 6750 Woodbine Rd, Woodbine, 443-920-3356. 2nd and 4th *Sat* of each month 9:00 - 11:00 am. ID required, requested. Also have Pet Pantry.

Mt Airy Net - Calvary United Methodist Church 4035 Main St, Mt Airy, 301-829-0472. Mount Airy residents. Gas card for doctor appointments, job interviews, emergency assistance, food baskets, grocery card. ID required.

Northeast Social Action Program (NESAP) 1046 S. Carroll St, Hampstead, 410-239-6216, *Mon - Fri*, 9:00 - 3:00 by appointment. Carroll County ID required.

Re-Deem Food Pantry - Lazarus Church working out of Millers UMC 3435 Warehime Rd, Manchester, 410-374-1304 *Sat* 8:30 - 10:00 am.

Reisterstown United Methodist Church 246 Reisterstown Rd, Reisterstown, 410-833-5440, anyone in the Glyndon, Owing Mills, Reisterstown and *Finksburg area*. *Wed*, 6:00 - 8:00 pm. *Sat* 9:00 am - 12 Noon. Once a month for food pantry & Clothes closet.

Rock of Help - Ebenezer United Methodist Church 4901 Woodbine Rd, Sykesville, 410-795-6136. 3rd *Sat*, 9:00 - 11:00 am.

Salvation Army, CC Service Center 300 Hahn Rd, Westminster, 410-876-9358. *Mon - Fri*, 8:30 - 11:45 and 1:00 - 4:00 pm. Can access every 30 days. Carroll County ID required.

Shepherd's Staff - 30 Carroll St, Westminster, 410-857-5944. Food, outreach programs, personal goods, prescription expense assistance, temporary financial assistance. Soup kitchens with Grace Lutheran Church. Must contact Human Services Programs first for shut off notices.

Silver Run Community Food Panty - St. Mary's Evangelical Lutheran Church Parish House 3978 Littlestown Pike, Westminster, 410-346-7146. 1st and 3rd *Wed*, 5:30 - 6:30. Items distributed from parish house. ID required. Use Mayberry Rd entrance. Handicap accessible.

So. Carroll Food Pantry - @ Wesley Freedom UMC 961 Johnsville Rd, Eldersburg, 410-795-2777. 4th *Sat*, 8:30 - 11:30 am. Proof of residence/Carroll County ID.

Sparrow's Nest - Westminster Rescue Mission/Food Basket Program 658 Correll Dr, Westminster, 410-848-2222. Need to call a day ahead for basket. Carroll County photo ID required. *Mon - Fri* by appointment. Supplies clothing, food and furniture and provides shelter, food and clothing for men.

St. James Lutheran Church 14 So. Benedum St., Union Bridge. 410-861-5567. *Mon* 5:00 - 6:00.

St Paul's United Methodist Church 200 Main St, New Windsor, 410-635-2442, *Wed*, 5:30 6:30 Meeting hall basement. ID required.

St Peter The Apostle Catholic Church 9201 Church St, Libertytown, Parish Food Bank, (for Libertytown & Union Bridge only) ID required *Fri*, 3:30 - 4:30. Handicap accessible.

Tree of Friends Foundation Food Pantry 3211 Main St., Manchester. *Sundays* 2:00 - 4:00 pm

LOW COST/FREE FOOD AND MEALS

Carroll County Bureau of Aging and Disabilities

Lunch *Mon - Fri*, Older adults, 60 years and over, are asked to contribute what they can up to the full price of the meal. Those under 60 pay the minimal cost. Reservations must be received by 10:30 am one day in advance.

Senior and Community Centers

Mt. Airy 703 Ridge Ave, Mt. Airy, 410-795-1017. 11:45.

North Carroll 2328 Hanover Pike, Hampstead, 410-386-3900. 11:45.

South Carroll 5928 Mineral Hill Rd, Eldersburg, 410-386-3700. 12:00.

Taneytown 220 Roberts Mill Rd, Taneytown, 410-386-2700. 11:45.

Westminster 125 Stoner Ave, Westminster, 410-386-3850. 11:45

Meals on Wheels of Central MD 255 Clifton Blvd, Suite 312, Westminster, 410-857-4447 or 1-877-857-4447. Full fee is \$11.94 per day for 2 meals; sliding scale for those who qualify. For homebound persons of any age or economic status who are unable to shop or prepare meals for themselves. Food Assistance Benefits available through the Independence Card. *Mon - Fri*, 11:00 - 1:30. Includes two frozen meals two times weekly. Wellness check in calls also provided. Application over the phone can usually set up service within 2 business days.